



# HURA news

SEPTEMBER-OCTOBER, 2014

VOL. XXX, No. 1

## OFFICERS

*President, Donna Chiozzi*

*Vice President, Beverly Sullivan*

*Recording Secretary, Dolores Mullin*

*Membership Secretary, Carleen Farrell*

*Treasurer, Paul Upson*

*Past President and Managing Editor,*

*Malcolm Hamilton*

## DIRECTORS

*Ellen Adolph*

*Margaret Carayannopoulos*

*James Hoyte*

*Jackie Benson Jones*

*Joel Monell*

*Lee Smith*

*Henry Terwedow*

*Ann Walter*

## COMMITTEES AND PAST DIRECTORS

*Diantha Brown*

*Ann Couch*

*Marion Crowley*

*Sydney Fingold*

*Charles Millstein*

*Judy Shagoury*

*Ann Sicari*



## HHR Benefits Information for Retirees

Open Enrollment dates: November 5 to 19, 2014.

Open Enrollment materials for 2015 coverage will be mailed to retirees' homes by late October 2014.

Your packet will include information about benefits options available to you, as well as your monthly premium costs for 2015. You are encouraged to review these options and costs when your packet arrives. Please note that Harvard HR Benefits does not yet know the premium costs for 2015. If you do not want to make any changes, you do not need to do anything.

**Harvard HR Benefits** has asked HURA to urge all retirees to be aware of changes in the Social Security Administration's (SSA) service delivery information.

To efficiently meet the needs of the public, SSA has made changes in how they provide some services to customers. Effective August 1, 2014, it stopped providing Social Security number printouts. Because SSN printouts are not official documents with security features and are easily misused or counterfeited, eliminating printouts will help prevent identity theft.

A Social Security card is legal proof of a Social Security number. If you need to provide proof and you cannot produce a card, you will need a replacement card. To get one, you must complete an *Application for a Social Security Card* (Form SS-5), available at [www.socialsecurity.gov/ssnumber/](http://www.socialsecurity.gov/ssnumber/). You must also provide original documents proving identity, age and citizenship, or work-authorized immigration status.

Also, in January 2013, the Social Security Administration made benefit verification letters available online. As of that date, one can get an instant

letter online with a personal My Social Security account, or you may continue to call SSA toll-free (800-772-1213) to request a letter by mail. SSA's local offices will continue to do all that they can to assist members of the community.

Whenever possible, SSA encourages everyone to join over 13 million other citizens to create a My Social Security account at [www.socialsecurity.gov/myaccount](http://www.socialsecurity.gov/myaccount). To create a My Social Security account, you must provide some personal information about

yourself and provide answers to some questions that only you are likely to know. Next, you create a username and password that you will use to access your online account.

This process protects you and keeps your personal Social Security information private.

With your own account, you can get a benefit verification letter online instantly. You can also conduct other business with SSA, such as review earnings records and estimate retirement, disability, and survivor's benefits.

Please be aware that as a safety feature your My Social Security account password expires periodically and must be changed by you.



## Coming Events

**Saturday, October 11 Harvard Crimson Football vs. Cornell** (See flyer in this newsletter.)

**Monday, October 27 HURA Reception with President Drew Faust** at the Harvard Faculty Club. Invitations for HURA members and registration information will be mailed separately in early October.

**Friday, December 5 Holiday Luncheon** at the Oakley Country Club (Registration information will be in the Nov/Dec *HURA News*.)

**Rambles provide opportunities** for HURA members and their guests to gather in relatively small groups (10-20) for refreshing walks at interesting locations. Usually there is no cost for participation. Transportation is rarely provided, but sometimes members offer rides to others. Ramblers often bring their own lunches or go "Dutch treat" to nearby food facilities.

### Tentative rambles for the fall:

**Wednesday, September 24** Urban Ramble in Jamaica Plain, including a guided tour hosted by the Jamaica Plain Historical Society. Details will be distributed to the HURA E-list in early September.

**Tuesday, October 28** Second Annual Arnold Arboretum Ramble. Guided tour with a fall focus on "The Colors of the Arboretum."

At right, ramblers in front of the Hartwell Tavern in Lexington.



**Rambles** are often arranged after the print deadlines for *HURA News*. Consequently, we are relying more heavily on the HURA E-list to announce dates, times, places, and registration information. If you are not subscribed to the E-list, contact Malcolm at MCH12938@comcast.net to be added.

If you do not have email, contact Paul Upson (781-862-2827) to be notified by mail of future rambles that have not been described in the newsletter.

## A Message from the HURA President

**There is something about September.** It is a month filled with great anticipation—a new and vibrant beginning. Yes, those in academia tend to march to the beat of a different drum. A bustling campus, fresh young faces full of life and hope, you could not help but get caught up in the onslaught. While perhaps a bit different for us now, September still seems to mark new beginnings. For some, it is a transition to retirement. On behalf of HURA, I extend a warm welcome to our newest members. We know that your affiliation with HURA will bring many pleasant encounters. Heartfelt thanks to our existing members; you have been loyal and supportive friends. For those who have not yet joined us, we hope you will consider giving us a try. In the first year following your retirement, your membership is complimentary.



This September marks the 25th anniversary of HURA's launch. Yes, we have a history! And this is also the first full year of our independence as a 501(c)(7)—a non-profit corporation in the State of Massachusetts. A new set of bylaws is on the horizon, scheduled to make a debut in December.

As we plan and approach our new year, it is also time for reflection. Last year (that academic calendar mentality surfacing) was an enjoyable and productive one for us. Allow me to review briefly. Our annual events—the Holiday Luncheon and HURA Day—were crowd pleasers, providing entertainment, learning skills in effective negotiation, and an update on the Allston campus. Special thanks to Professor Robert Bordone and Vice President Kevin Casey for taking time to be with us. At our Annual Meeting in June, Dean Martha Minow welcomed us back to Harvard Law School where we were thrilled to honor two Harvard icons—President Derek C. Bok, who was presented with a HURA Recognition for officially launching the Harvard University Retirees Association 25 years ago (described elsewhere in this issue), and John "Jack" Reardon, who stepped down from his post as director of alumni relations this past June.

We took time to ramble energetically through the Harvard Forest, the Arnold Arboretum, and other areas of natural beauty, enjoying historic and educational sites

*Continued on page 3*

*Continued from previous page*

along the way. We cheered Harvard football and men's and women's hockey. We could be found at Hasty Pudding and the Boston Pops Tribute to Arthur Fiedler. Whatever your pleasure!

Lest you think we are all about events, the HURA Board met with representatives of the Boston Area College and University Retiree Associations (BACURA) to ensure that we are doing all that we can to fully address the needs of our membership. Our regular communication with Harvard Human Resources and its Benefits Office allowed us to report pertinent information to you via five published HURA newsletters, the popular E-list broadcasts, and the Resources handbook, which is given to everyone upon retirement. The dedicated volunteers who make up the HURA Board met monthly to tackle issues of importance. In many ways we represent over 4,000 Harvard retirees who are all receiving this issue of the newsletter, but our dues-paying members number 1,400. We

worked diligently to identify potential future leadership, and happily welcomed two new directors this past spring (below). We are in constant struggle with use of accessible campus space for meetings and events, but are beginning to break through the tight hold of schools and departments. Our targeted recruit-

*Autumn is  
a second spring  
when every leaf  
is a flower.*

ALBERT CAMUS

ment of faculty is showing some positive results. HURA finances are in check under the experienced and watchful eye of our treasurer. Our hefty communications, events, and activities initiatives have been reported above. Finally, a day-long planning session at the end of June at the Harvard Faculty Club produced the start of an ambitious operating plan for the coming year and beyond.

Looking ahead, our flagship events will remain, but we seek new ways to reach out and connect. We recently enjoyed a visit to the Turner & the Sea exhibit at the Peabody Essex Museum in Salem, and plans are in the works for our participation in the much anticipated opening of the Harvard Art Museums. What brings us the greatest pleasure is to announce that President Drew Faust will join HURA members for a complimentary welcome reception in late October at the Harvard Faculty Club. In addition, we are contemplating lectures, poetry readings, book clubs, and some local travel, and are discussing various other perks of membership. Our goal is to make our 25th year a memorable one. Your thoughts and suggestions are most welcome. Our new membership brochure allows us to espouse the benefits of joining our organization— your organization—and we strive to be even more visible and more accessible in the coming year. With your participation, our future looks very promising.

*All best wishes,  
Donna Chiozzi*

## Images from the Annual Meeting



HURA Vice President Bev Sullivan with Annual Meeting speaker, Harvard Alumni Association director Jack Reardon, and former long-time HAA employee, Joanne Woods.



Newly appointed HURA Board members Jackie Benson Jones and James "Jamie" Hoyte at their first HURA Annual Meeting.

## HURA Profile: Kenneth Carpenter

Research librarian, editor of the *Harvard Library Bulletin*, in charge of publications for the University Library, bibliographer, author, curator, cataloger, and teacher, Ken Carpenter worked for over 40 years in the Harvard Libraries. In his work there, he had what he called a perfect career, enabling him to enter other worlds and cultures and to study and work in different languages.

A major work of Ken's for over 10 years at Harvard, while curator of the Kress Collection of Business and Economics at Harvard Business School in the 1970s and continuing into the present, is a bibliography of translations of economic literature published before 1850. He has also arranged for the microfilm publication of the combined holdings of the Goldsmiths' Library at the University of London and the Kress, which are digitized as "The Making of the Modern World." A plethora of articles, letters, essays, and reviews have appeared since Ken's retirement, including *The Dissemination of the Wealth of Nations in French and in France*; editor, *Freedom on My Mind: Richard Newman's Life and Work*; and also editor, *Lionel S. Reiss: Catalog of a Collection of His Art in the Harvard College Library*—a seamless continuation of interests and productivity.

In April of this year, Ken was invited to present the James Russell Wiggins Lecture in the History of the Book in American Culture at the

American Antiquarian Society. Ken's talk on "The incredible journey of Benjamin Franklin's *Way to Wealth*" traced the publication that began as the untitled preface to *Poor Richard's Almanac* for 1758, as it moved from the periphery of the British Empire, to publication in twenty-six languages, in about 1200 appearances. Franklin's paean to hard work and frugality reached audiences, from



Ken and Mary Carpenter attending Mary's college reunion at Bryn Mawr.

elites to peasants and servants, from newspapers to advice manuals to schoolbooks." The lecture explains that maxims such as "early to bed and early to rise makes a man healthy, wealthy, and wise" became so embedded in Western cultures that they are no longer seen as by Franklin, but rather the practical wisdom of grandmothers.

A partial list of Ken's current works in progress includes "The Economic Bestsellers before 1851" and "Translation of Economic Literature before 1850," studies of the migration of ideas among the European cultures before 1851; race in the history of Girard College in Philadelphia, long a school for fatherless white boys; and a new project which arose from Ken's wife's

research into an area of the history of medicine in Victorian culture. She found a manuscript account by Margaret Mathewson, a Shetland woman, of an operation she underwent in 1877 by the famous surgeon Joseph Lister and of her subsequent hospital stay. Investigation of the hospital sketch led to finding more than a thousand letters of family members, a unique trove because they are not by historically famous elites but by ordinary people. Volunteers, among them Harvard librarians and retired librarians, are transcribing the letters, which Ken is editing. The project may also result in a life of Margaret by Mary Carpenter.

Ken retired in 2000, but that was only from his official positions at Harvard. The meticulous research to explore the breadth and depth of ideas that have engaged his attention, to name and catalog, and to make available to others what he discovers and collects goes on. And, of course, we should mention that Ken was for two years a HURA Board member.

*Ellen Adolph interviewed Ken Carpenter in July 2014.*

## Former President Derek Bok Cited for His Support of HURA

**At the 24th Annual Meeting** and luncheon of the Harvard University Retirees Association on June 16, 2014 at Harvard Law School, HURA president Donna Chiozzi presented a citation to Guest-of-Honor Derek C. Bok, 25th president of Harvard University, 1971-1991.

The citation reads:

*“With profound appreciation and affection, the Harvard University Retirees Association, in its 25th year, honors your visionary support at its founding and your steadfast commitment to generations of Harvard retirees.”*

As HURA began its 25th year, it was appropriate to recognize Mr. Bok’s significant role in the



Lillian Braudis with President Derek Bok at the Annual Meeting.

Association’s founding. In September 1989, he had replied to a letter from Lillian Braudis, then chair of the steering committee that was proposing a Harvard retirees organization. The letter was seeking his endorsement for such an organization. He

wrote, “It is a great pleasure to endorse the activities that the Association has undertaken and is now seeking to expand. I wish you and your colleagues every success in your endeavor.”

With this encouragement, the official founding of HURA was assured. An advisory committee worked for several months formalizing the Association, which began as HURA in 1991, with Lillian as its first vice president.

In his remarks at the luncheon, Mr. Bok stressed the importance of Harvard’s committed employees to the success of the University and said it is only fitting for him to encourage the success of HURA in keeping them involved with the University during their retirement.

## Phillips Brooks House Thanks HURA

**For more than a century,** Phillips Brooks House Association (PBHA) has offered vital experience to generations of leaders in service, while strengthening partnerships between Harvard students and local communities. Today, 1,400 volunteers participate in more than 85 programs serving 10,000 low-income people throughout Greater Boston. PBHA brings the creativity and enthusiasm of Harvard students together with the guidance of professional staff and the knowledge of community members to offer inspired and effective year-round and year-to-year programming.

PBHA’s Undergraduate Teachers Program was one of the first attempts to utilize student volun-



The two students are AJ Protin '16 (left) and Kuo-Kai Chin '15. AJ co-directs the Mission Hill Summer Program, one of the summer camps, and Kuo-Kai is one of PBHA's student officers.

teers to support understaffed schools, and PBHA continues to innovate in the relationship

between students and public housing communities, particularly through the Summer Urban Program, or SUP.

As a service to HURA, PBHA provides space in the living room at Phillips Brooks House, its campus headquarters, for the monthly meeting of the Board of Directors. Each year, in lieu of paying rent, HURA makes a donation to SUP. The president of HURA or a designee also serves as an honorary sponsor each year for the program.

This year, PBHA’s thank-you note included this picture and message: “Thank you HURA for all you do to support our work!”

## In Brief . . .

### Remember to Report your Change of Address

If you move your permanent residence, it is important that you submit a Change-of-Address form to the Benefits Office (HHR Benefits) as soon as possible. They will change your address in the PeopleSoft database for HURA and Benefits mailings, Harvard pension plans, health plans, dental plans, TDAs, Crosby, and the Harvard Retirement Center/TIAA CREF. You are responsible for notifying the Social Security Administration and Tufts medical plans yourself.

Please note that an out-of-state address change may affect medical plan eligibility for those in the Tufts

plans, including under-age-65 retirees in the Tufts Plan. You will have only 30 days to select a new plan. Contact Benefits at 617-496-4001 for further information.

If you spend part of the year in a different location, you should not change your Harvard (PeopleSoft) address, but should request instead that the Post Office forward your mail while you are away. Go to <https://www.usps.com/> and select “Manage your mail.”

To obtain a Harvard Change-of-Address form, contact Benefits at 617-496-4001. HURA members may also request a form from the HURA membership secretary at [huramembership@gmail.com](mailto:huramembership@gmail.com), 617-285-9390.

Forms should be mailed to HHR Benefits, 1350 Massachusetts Ave.

#664, Cambridge, MA 02138; faxed to 617-496-3000, or emailed to [benefits@harvard.edu](mailto:benefits@harvard.edu).

### Update your Outings & Innings Contact Information, too.

If you already have a customer account in the O&I system, but have recently retired, make sure you update your contact information by clicking on the MY ACCOUNT tab on the O&I website [https://outings\\_innings@harvard.edu](https://outings_innings@harvard.edu). If you have not yet created an account sometime in the past two years, please do so now. Also, sign up to receive their very popular E-List of events. Some ticketed events sell out very quickly—so this is a good way not to miss out!

## Memory Update: Keep Busy and Engaged

**The MacArthur Foundation Study on Successful Aging** (1998), a long-term study of aging in America, found that education level was the strongest predictor of mental capacity as people aged. The more education, the more likely an individual was to maintain his or her memory and thinking skills. Other research has shown that people who held jobs that involved complex work, such as speaking to, instructing, or negotiating with others, had a lower risk of memory loss (dementia) than people whose jobs were less intellectually demanding.

It probably isn't the years of formal education or the type of occupation itself that benefits memory. Intellectual enrichment and learning stimulate the brain to make more connections. The more connections, the more resilient the brain. That's why a habit of learning and engaging in mentally challenging

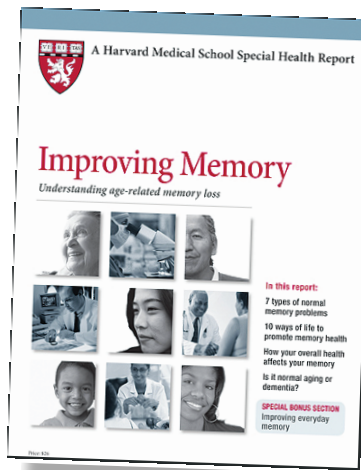
activities—like learning a new language or craft—can help keep the brain in shape.

### *Improving Memory: Understanding age-related*

*memory loss*, a Special Health Report from Harvard Medical School has just been released. It found that by age 60, more than half of adults have concerns about their memory. However, minor memory lapses that occur with age are not usually signs of a serious problem, such as Alzheimer's disease, but rather the result of normal changes in the structure and function of the brain.

This report describes these normal age-related changes and other, more serious causes of memory loss—and how to distinguish between them.

It can be ordered online by visiting this website: <http://www.health.harvard.edu/>



# FOOTBALL



**Event:** Crimson vs. Cornell Big Red  
**Date:** Saturday, October 11, 2014  
**Time:** 1:00 pm  
**Place:** Harvard Stadium  
**Tickets:** HURA members and one guest are complimentary. Children age 12 and under are free – no limit. Additional tickets: \$20 each.

**REGISTRATION DEADLINE**  
Monday, September 8, 2014

### Registration Information

- ✓ *This event* is held irrespective of the weather. There are no refunds after the registration deadline. Parking information will be sent with the tickets.
  - ✓ *Make check* (if required) payable to HURA. Please note that checks are not deposited until after the registration deadline. Tickets will be mailed two weeks prior to the game.
- Include:** A self-addressed, stamped #10 envelope for tickets with registration.

### Contact Information

Email: hterwedo@gmail.com • Telephone: 508-481-1165

**Complete this registration form** and mail with check made out to HURA and self-addressed, stamped envelope to Henry Terwedow, 53 Forbes Ave., Marlborough, MA 01752.

----- CUT HERE -----

### REGISTRATION FORM

HURA member \_\_\_\_\_

Address \_\_\_\_\_  
(Street) (City) (State) (Zip)

Email \_\_\_\_\_ Telephone \_\_\_\_\_

Number of adult complimentary tickets (limit 2) \_\_\_\_\_

Number of children 12 & under (complimentary tickets, no limit) \_\_\_\_\_

Number of additional tickets @ \$20 each \_\_\_\_\_

Total enclosed \_\_\_\_\_ \$

**Harvard University  
Retirees Association**

Smith Campus Center, Room 664  
1350 Massachusetts Avenue  
Cambridge, MA 02138



First Class Mail  
U.S. Postage  
PAID  
Boston, MA  
Permit #1636

## **HURA NEWS**

### **Editors**

MANAGING EDITOR, Malcolm Hamilton  
CONTRIBUTING EDITORS: Ellen Adolph,  
Harry Hawkes, Judy Shagoury, Ann  
Walter

### **Photography**

Harry Hawkes

### **Design/Production**

Anne Parker

### **Distribution**

*HURA News* is distributed to all  
HURA members five times a year.

### **HURA E-list**

Members receive up-to-date news  
and information mailed directly to  
their home computers.

### **HURA Website**

A source of information and news  
at <http://hura.harvard.edu>.

For more information, contact  
Malcolm Hamilton at 781-641-2942  
or [MCH12938@comcast.net](mailto:MCH12938@comcast.net).

For membership,  
[HURAmembership@gmail.com](mailto:HURAmembership@gmail.com)

---

## **Fall Flu Clinics Begin September 15, 2014**

**University Health Services' Flu Vaccination Clinics** will be held on Mondays (with the exception of Monday holidays) and Tuesdays starting on Monday, September 15th and Tuesday, September 16th from 12:00-3:00. They will be held in Monks Library on the second floor of Harvard University Health Services (HUHS, Smith Campus Center—formerly Holyoke Center) through December 16, using the quadrivalent vaccine, which covers four strains of the flu, but is not the “high dose” vaccine you may have read about.

HUHS especially invites Harvard retirees age 65 and over and persons

in other high-risk groups to the first two weeks of clinics, specifically, September 15, 16, 22, and 23. Clinics after those dates will be open to all in the Harvard community with a HUGHP card or a Harvard ID (regardless of their health plan). Expect larger crowds at these later clinics. Spouses who do not have their own HUGHP or Harvard ID card are not eligible for these clinics. Remember to bring your card with you.

To speed up the process, also bring a completed Flu Immunization Consent Form, which you can get from HUHS or from HURA ahead of time. HURA members on the E-list will receive a copy. Others should

email [MCH12938@comcast.net](mailto:MCH12938@comcast.net) or call 781-641-2942 for a copy.

Flu Clinics will be offered at other Harvard locations, including the Law, Business, Education, and Medical schools, and the Kresge Cafeteria. Exact dates and times are not yet available.

All of the available information about clinics has been posted at [www.huhs.harvard.edu](http://www.huhs.harvard.edu).

HUHS staff also strongly recommend pneumovax and an updated Tdap shot (tetanus and whooping cough). Speak to your primary physician about receiving it. At the present time HUHS is not planning to offer clinics for these vaccines.