



HURA news

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There's a New Shingles Vaccine — Is It for You?

On the heels of approval of a better vaccine for the painful condition shingles, adults over 50 should plan to roll up their sleeves—again. An advisory panel of the U.S. Centers for Disease Control and Prevention recommended in October 2017 that all adults 50 and older receive the new two-shot vaccine, just days after the U.S. Food and Drug Administration announced its approval of Shingrix. It is recommended even for those already inoculated with an older vaccine.



Shingrix is 97 percent effective in preventing shingles in people 50 to 69 years old and 91 percent effective in those 70 and older, according to a briefing provided to the CDC's Advisory Committee on Immunization Practices. By comparison, Zostavax, the old vaccine, is 70 percent effective in your 50s; 64 percent effective in your 60s; 41 percent effective in your 70s; and 18 percent effective in your 80s, the briefing states.

Shingles is a painful itching rash caused by the varicella zoster virus, the same bug behind chickenpox. The virus lies dormant in the nerve tissue of people who've had chickenpox, and years later can reactivate as shingles that afflicts about one of every three people in the United States during their lifetime.

According to Donna Campbell, RN/NP, Harvard University Health Service's infection control nurse, although it was licensed by the FDA in October, it still needs CDC approval and additional recommendations, including some insurance and Medicare cost coverage issues clarified. Once all of this is sorted out, this new vaccine will be considered the preferred vaccine for preventing shingles and related complications. Those who previously have had the current Zostavax vaccine will be advised to have the new vaccine since it is believed to provide better protection. Two doses, given a minimum of 8 weeks apart, will be needed.

Sources: HealthDay News, Oct. 26, 2017 and Harvard HUHS.

COMING EVENTS

January 11, Thursday

2:00-4:00 p.m. Author Series

Phillips Brooks House living room.



Leta Serafim is back with another Greek Islands Mystery: *From the Devil's Farm*. Registration information was sent

to E-List members or call Margaret Carayannopoulos at 781-820-7408 for details.

January 12, Friday

7:00 p.m. Men's Hockey Crimson vs. Princeton

Ticket pricing: HURA member adult \$10; non-member adult \$15. No youth discount. Registration information will be sent to the E-list or contact Henry Terwedow at hterwedo@gmail.com or 508-481-1165.

February 11, Sunday

3:00 p.m. Hasty Pudding Theatricals

See flyer opposite.

March 12, Monday

9:30-2:30 p.m. HURA Day The Upside of Downsizing:

Later Life Transitions: Making decisions about downsizing, aging in place, living options. Science Center. Registration information will be sent to the E-List. For more information contact Malcolm Hamilton at MCH12938@comcast.net or 781-641-2942.

NEW!!

FACEBOOK PAGE GOES LIVE

HURA's new Facebook page is live. Go to <http://www.facebook.com/HUretirees>. We'll be very much interested in your feedback. Send comments to Donna Chiozzi at Donna.Chiozzi@gmail.com

Author Serafim will discuss her newest book, *From the Devil's Farm*

A Greek-American tourist, Lydia Pappas, stumbles upon a child's body in the ruins of an ancient temple, well hidden on the top of a cliff. The boy has been bled dry, though no blood is in evidence, leading the Greek police investigator, Yiannis Patronas, to believe the killer must have collected it.

Greece's financial crisis has reduced the police force on Sifnos to one officer Petros Nikolaidis, so Patronas has been summoned from his home base of Chios to aid in the case.

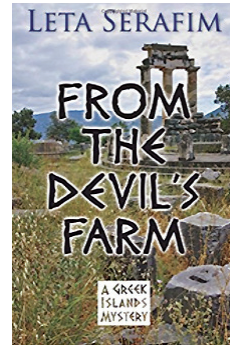
Accompanying him are his col-

leagues, Giorgos Tembelos and Evangelos Demos, as well as Papa Michalis, an ancient Orthodox priest

with a vast knowledge of detective fiction and an uncanny ability to ferret out the truth. Though eccentric and often irritating, Michalis has been an asset to Patronas over the years in a land where homicide was, until recently, a rare occurrence. Is the culprit a Greek national or one of

the many foreign migrants crowding its refugee camps?

Book 3 in the Greek Islands Mystery series.



IN MEMORIAM

Herbert J. Collins 1932-2017

Herbert J. Collins of Braintree died peacefully on October 15, 2017. Herb was born and raised in Dorchester and lived in Braintree for 50 years. He graduated from Boston College High School and Bentley College.

Mr. Collins was chief executive officer of Harvard University Employees Credit Union until his retirement in 1994. Following that, he served the Harvard University Retirees Association as director, 1995-97; vice president, 1997-1999; president, 2000-2005; and past president, 2005-2013. This gentleman's influence is still felt throughout the Association.

He was the beloved husband of 61 years to Claire (Murphy) Collins; the devoted father of Herbert R. Collins and his wife Sandra McArthur of Clinton, John M. Collins of



Herb is pictured here with his granddaughter, Christine, from a few years ago.

Plymouth, George R. Collins and his wife Elaine of Braintree, and Anne M. Parker and her husband William of Franklin. Anne Parker continues to serve as design and production manager for most of HURA's publications, including this newsletter.

HASTY PUDDING THEATRICALS PROUDLY PRESENTS
ITS 170TH PRODUCTION

INTERMISSION IMPOSSIBLE

Sunday February 11, 2018, 3:00 p.m.
Farkus Hall, 96 Winthrop Street, Cambridge

Places, everyone! World War II is over, New York is booming, and alcoholic playwright **TENNESSEE WHISKEY** is making his Broadway debut. After aging actress **FAYE DINAWAY** is deemed too old for her role, struggling deli waitress **MEGAN ITBIG** gets her chance to audition. But when America's sweetheart and ditzzy pageant queen **AMBER WAVESOFGRAIN** lands the lead, Megan teams up with Faye to reclaim the spotlight. Will hunky sailor **SAL PACIFIC** find his



first mate, or will he stay at half mast? Will cranky Southern matron **AUNTIE BELLUM** learn to accept the "alternative lifestyle" of her nephew Tennessee? Will Shakespearean director **TOBY ORNOTTOBE** realize his vision, or will it turn into a comedy of errors? Can no-nonsense taxi driver **HAILEY CAB** learn that all's fare in love and war? Will it ever be explained why **RICKEY RAT** can talk? Catch these dames putting the broad in Broadway in **HPT 170: Intermission Impossible**.

Once again, HURA is pleased to offer \$30 discounted tickets to the Hasty Pudding .

Registration Deadline January 19.

Contact Information: Henry Terwedow hterwedo@gmail.com or 508-481-1165.

Send registration information with check and self-addressed, stamped, business-size envelope to Henry Terwedow, 53 Forbes Avenue, Marlborough, MA 01752.

..... REGISTRATION - HASTY PUDDING THEATRICALS

HURA member _____

Address _____
(Street) (City) (State) (Zip)

Email _____ Telephone _____

Number of tickets at \$30.00 each _____ Total enclosed \$ _____

**Harvard University
Retirees Association**
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3rd Floor
Cambridge, MA 02138



First Class Mail
U.S. Postage
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HURA NEWS

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HURA members five times a year.

HURA E-List

Members receive up-to-date news and
information mailed directly to their
home computers.

HURA Website

A source of information and news at
<http://hura.harvard.edu>.
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or MCH12938@comcast.net.

Membership
HURAmembership@gmail.com

Holiday Luncheon Always a Good Time!

The annual **Holiday Luncheon** at the Oakley Country Club in Watertown is always an elegant affair. This year nearly 150 HURA members and guests signed up. A rousing singalong to the music of Paul White on the keyboard ended the successful event.



HURA vice president Beverly Sullivan, Louise Johnson, Board members Jackie Benson Jones and Margaret Carayannopoulos with her husband George.



HURA membership secretary Carleen Farrell and Board member Lee Smith before the mural of the Country Club curated the tables of unwrapped gifts for area children. These are distributed by Harvard students from the Phillips Brooks House.

HURA is a tax-exempt 501 (c) 7 all-volunteer organization. Membership is open to benefits-eligible retirees of Harvard University and is complimentary until the renewal period the following June 30. Thereafter dues are \$20 annually.