HURA Lunch with the Patricks Sparks Lively Conversation

About 100 HURA members and guests—many of them Harvard friends and acquaintances of the Patricks—recently enjoyed lunch at the Charles Hotel with the former governor and first lady.

Following introductions by HURA president Donna Chiozzi, Prof. Jonathan Walton asked questions and lead the discussion. Initially, they focused predictably on the recent election. Both Patricks described their disappointment—even dismay—at the outcome. Deval rescued what could have become a diatribe against Trump (who was not specifically referred to by name) by reminding everyone that he is our President-elect and that no amount of protesting was going to change that fact. He emphasized that there will remain much that we might accomplish at the local level to advance the moral and other values we feel are important, whether or not the Trump Administration embraces them. He said we can't let this become the norm. He pointed out that Trump was elected by less than one quarter of eligible voters because one half of eligible voters didn't vote, pointing to one of the problems that our democracy faces.

Deval said that he gets tired of being the first one in a situation to be magnanimous, suggesting that it is up to all of us, no matter which way we voted, to try to make this work.

To make another point, he drew upon an experience he had during encounters with citizens he ran into one morning at Home Depot (where he had tried unsuccessfully to slip in unnoticed). A man loudly berated him for a decision he had made in the State House. This was followed by a number of people who quietly told him they thought he was doing a good job. From these interchanges, he inferred that people shout their disagreements, but whisper their praise. And he wished that it could be the other way around.

Diane added that in her career, both as First Lady and as an attorney, she has found that you can learn a lot from people who disagree with you.

She announced that she is retiring

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Transforming Harvard Kennedy School

**January 20, Friday, 7:00 p.m.**
Harvard Men’s Hockey vs. Brown University. Information has been sent by email to HURA E-List subscribers. Contact Henry Terwedow 508-481-1165, or hterwedo@gmail.com.

**February 19, Sunday, 3:00 p.m.**
HURA has arranged group tickets for Hasty Pudding Theatricals #169 “Casino Evil.” The tickets will be in a prime location and will be available to HURA members at the reduced group rate. Complete information has been sent via the HURA E-List. If you are not on the E-list, you may contact Paul Upson at pwupson@gmail.com or 781-862-2827 or for full details.

**March 28**
2:00-5:00 p.m. Reading and workshop on Korean sijo by Harvard poet David McCann, Korea Foundation Professor of Korean Literature, Emeritus; Associate of Currier House.
For more information and to register, contact Margaret Carayannopoulos, 781-820-7408; margaretc15@comcast.net.

**May 10, Wednesday, 10:30-1:00 p.m.**
Mt. Auburn Cemetery, Spring Walking Tour and lunch. Registration information will be in March/April HURA News and by E-List.

**June 6, Tuesday, 8:00 p.m.**
Boston Pops with Leslie Odom, Jr. who played Aaron Burr in the hit Broadway show Hamilton.
Registration information will be in the March/April HURA News and by E-List.

**In May 2015, supporters and friends** of Harvard Kennedy School (HKS) gathered in the School’s courtyard to break ground on a new campus renovation project. Since the School first opened its new campus near the Charles River in 1978, the site has had numerous additions and renovations – including the Taubman, Belfer, and Rubenstein buildings. What’s happening there now brings recent attention to rebuilding the campus back across the river from Allston.

The project that began in 2015 is the largest yet for the School and includes three new buildings, the elevation of the School’s current courtyard, adding more green space for student and other activities. Most significantly, the School will not expand into or cause disruption to the neighboring community. The new building construction will actually be joining the existing structures that will be connected by the new Gateway building.

A West building will be constructed on the site of the School’s current parking lot, and a South building will connect the original Littauer building to the new West building. The completed project will include 6 new classrooms, a series of conference rooms, faculty and staff offices, enhanced event space, a winter garden, increased dining space, and an elevated courtyard so that deliveries can be made underground and not interfere with foot or car traffic patterns.
While the School does not plan to increase enrollments in the degree programs, administrators believe these changes are needed to add much-needed space, and also are responsive to the new ways of educating. “Our existing classrooms were designed to facilitate lecture and discussion,” said Executive Dean John Haigh. “Our new classroom designs will facilitate a wider range of pedagogy, and we have added research and convening space as well. These physical space improvements both expand the campus and amplify our mission.”

Our new classroom design, or “flipped” classroom as it is called, switches the traditional learning environment. With improved online technology, students can follow lectures and complete exercises in advance, leaving valuable classroom time for group work and discussion. This trend is gaining momentum among colleges and universities across the nation.

Other students benefiting from the transformation will be the more than 3,000 students per year attending executive education programs. Offering nearly 70 programs per year, executive education is a major contributor to the School’s mission. It is frequently the face of Harvard among constituents including the U.S. government agencies, international governments, and nonprofits.

“The construction project team has done a wonderful job keeping the community informed of upcoming changes and helping us design strategies that keep our programs going,” said Debra Iles, senior associate dean, Executive Education. “Aided by CSL Consulting, an independent contractor, they have kept everyone ‘in the loop’ and faculty, staff, and students have responded with understanding and patience.”

Serving as the construction project manager, CSL helped the staff and others affected by construction understand the full scope of the project. With their input, staff committees created a series of events for employees and students to celebrate construction milestones. “For example,” said Iles, “the Spirit Committee had a beam signing when the main beam was placed across the Gateway building. Those who were interested could sign their names before the beam was hoisted into place. Employees could check out headphones when areas became too noisy for work concentration.” She also added that the employee event best known around the HKS campus, the hot fudge sundae social, has become a more frequent opportunity for celebration.

With a budget of $125 million already raised through philanthropy, the School is on track to achieve a goal elusive to many capital projects: on time—and on budget. This success can be attributed to early, comprehensive planning and the advantage of no major construction surprises. Working closely with the City of Cambridge Planning Board, planners created a design for the new buildings that fits right in with the surrounding neighborhood. A ribbon cutting to celebrate the opening of the new buildings is scheduled for January, 2018.
HURA Membership Stats

About one-third of eligible Harvard retirees opt to become HURA members. Nonetheless, the statistics about them might be regarded as proportionally representative of all Harvard retirees. In December 2016, there were 1,276 HURA members.

Following are breakdowns by the job families from which HURA members retired, how long they have been retired, and where they live. Eighty-seven percent live in Massachusetts.

**JOB FAMILIES**

- Alumni Affairs & Development: 27
- Academic: 164
- Art: 4
- Communications: 35
- Facilities: 59
- Finance: 89
- Faculty & Student Services: 83
- General Administration: 356
- Health Care: 32
- Hospitality & Dining: 20
- Human Resources: 21
- Information Technology: 50
- Library: 131
- Museum: 15
- Police: 6
- Research: 47
- Technical (& Lab) Support: 9

**STATES WHERE THEY LIVE**

The West & Southwest: 19
Hawaii: 3
South: 24 in Florida, plus 17 in other southern states
Midwest/Northwest: 15
Eastern Seaboard & DC: 22
New England
    - Connecticut: 8
    - Maine: 16
    - New Hampshire: 28
    - Rhode Island: 7
    - Vermont: 4
Massachusetts: 1,111
Central and Western towns: 58
Outer Western suburbs: 138
Inner Western suburbs: 108
Northern & Eastern suburbs: 149
South & The Cape: 107
Inner cities and towns
    - Arlington: 84
    - Belmont: 46
    - Boston: 92
    - Brookline: 34
    - Cambridge: 176
    - Lexington: 48
    - Somerville: 34
    - Watertown: 37

**LENGTH OF TIME RETIRED**

The HURA member who has been retired the longest left the University in 1979 (38 years).

In recent years, the median number of new retirees who became HURA members is about 44 per year. The years when the largest number of HURA members retired may signify one of Harvard’s early-retirement offers: 2004 (84), 2009 (161), 2015 (160).

HURA Lunch with the Patricks

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from Ropes & Gray at the end of 2016 and will turn her energies to more hands-on support of some of the charities on whose Boards she now sits. She is especially interested in intensifying her involvement with the Epiphany School, an independent, tuition-free, middle school for children of economically disadvantaged families from Boston neighborhoods.

Prompted by a question from HURA Board member and former Harvard colleague Jamie Hoyte, she also specifically mentioned the Posse Foundation, which has identified, recruited, and trained thousands of public high school students with extraordinary academic and leadership potential—many of whom might have been overlooked by traditional college selection processes. The Foundation provides four-year, full-tuition scholarships. Most important, Posse scholars persist and graduate at a rate of 90 percent. They make a visible difference on their campuses and throughout their professional careers. Jamie also sits on the Posse board of directors.

HURA board member Dr. Charles Millstein commented that while Governor Deval laid the groundwork for a strong trade and business relationship between Massachusetts and Israel. Deval replied that he has made three trips to Israel, including two as Governor. He is very proud that business continues to thrive between the Commonwealth and Israel, growing in significant part out of these efforts.
Holiday Party was a Pleasure, as Always

Nearly 140 members and guests gathered at the Oakley Country Club in Watertown, MA, in December for the traditional HURA holiday luncheon.

Ben Sears and Brad Conner, founding members of the Boston Association of Cabaret Artists and current Law School employees, played and sang the traditional and not-so-traditional holiday music, including "Mele Kalikimaka," the Hawaiian Christmas song.

This year’s theme, selected by program planner Diantha Brown, included Santa Claus, that “right jolly old elf”. One lucky diner at each table got to take him home.

As one former HURA Board member used to say, "and a good time was had by all".

Many toys were collected for local families in need. Guests at the holiday party were generous with their donations. They are displayed here before a mural of the Country Club.

Photos by Christina Hurley
Headlines about how much senior housing the aging baby boom generation is going to require often include the word “crisis.”

But it might be time to rethink our dire assumption that there won’t be enough housing for seniors, since boomers are living longer and are healthier than past generations and are changing what it means to grow old in this country. One example is the U.S. nursing home population, which has remained fairly stable even though the elderly population is growing, according to a report by the Stanford Center on Longevity.

The Center cited better health as a key contributing factor. Taking trends like these into account, a California real estate services firm has raised the age assumptions it uses to project increases in demand for senior housing, defined as facilities that include some level of care. The firm, Rockwood Pacific, still expects demand to increase over the next decade but at a slower rate. After that, when the oldest boomers are starting to turn 80, demand will continue to rise but also more slowly.

“When I started in this business in the 1990s, everyone talked about the 65-plus population and its need for senior housing,” said co-founder Frank Rockwood. “Now when you go to a senior housing conference, we talk about 75-plus. I’m saying now the time’s come we need to discuss 80-plus, rather than 75-plus.”

Doing so leads to big drops in the number of potential candidates for nursing homes, memory care units, and assisted living and independent living facilities, according to Rockwood’s estimates. Assuming people largely won’t need senior housing until at least 80, the firm lowered its forecast of demand growth over the next decade to about 2-3 percent annually, down from 3-4 percent under the 75-plus assumption.

When today’s seniors are in need of some type of care, they are still likely to remain in their homes. In 2005, 11 million of the 13 million Medicare beneficiaries with limitations on what they can do were still living in nursing homes—down from about 26 percent in the 1970s—while fewer than 4 percent of younger seniors—people between ages 75 and 84—were in nursing homes.

[ Taken from Squared Away blog: September 29, 2016, Center for Retirement Research, Boston College.]

Planning for the Future Helps Caregivers

Planning for the future can help caregivers during an illness or emergency. Take these steps recommended by the National Institute on Aging to get your affairs in order and make things easier for your loved ones.

• Put important papers and copies of legal documents in one place. Set up a file, put everything in a desk drawer, or list the information and location of papers in a notebook. Check each year to see if there’s anything new to add.

• Tell a trusted family member or friend where you put your important papers. They’ll need this information in an emergency.

• Give permission in advance for your doctor or lawyer to talk with your caregiver as needed. There may be questions about your care, a bill, or a health insurance claim.

Without your consent, your caregiver may not have access to needed information. You can give your permission in advance to Medicare, a credit card company, your bank, or your doctor. You may need to sign and return a form.

MOLST Massachusetts Medical Orders for Life-Sustaining Treatment

The Massachusetts Department of Public Health has approved the use of a standardized medical order form for use by licensed Massachusetts physicians, nurse practitioners, and physician assistants. If you have not already prepared a living will, health care proxy, or other advance directive, this form will be useful.

Go to http://www.molst-ma.org. Click on Forms & Instructions to download the MOLST form.
Harvard Football is a Family Affair

On a gorgeous October Saturday, 50 HURA members and guests gathered to cheer on the Crimson. In a gridiron series dating back to 1890, Saturday saw Harvard and Cornell come together in a battle of the undefeated. After 60 minutes, only one team remained unbeaten: Harvard 29 - Cornell 13! The Crimson stretched its winning streak against Cornell to 11 games since 2005.

Pictured are George Lampros (front, in sunglasses), Mary Lampros (middle row with white hat), and members of their extended family. The Lamproses now live in Cumberland Foreside, Maine. Both are Harvard retirees and HURA alumni: George from the department of chemistry and chemical biology; Mary from the physics department. George was HURA Vice President, 2001-2006; Mary served as HURA secretary, 2001-2003.

HURA Board member Henry Terwedow and wife Cathy, second row in caps, are the driving forces behind HURAs successful sports events program. Here with their family are granddaughter Hadley Haas in the pink shirt; son Willy Terwedow, Superman; son Nikita Terwedow, grey jacket; and daughter Keri Terwedow, green shirt. Henry retired from the Harvard School of Public Health (now the T.H. Chan School).
Christmas Revels: An Acadian-Cajun Celebration of the Winter Solstice

On Sunday December 11, 2016, 49 HURA members and guests gathered at Sanders Theatre for the 46th annual Christmas Revels. A Harvard holiday tradition for more than four decades, a joyful theatrical celebration of the winter solstice, it travels the world each year showcasing cultural traditions, including music, dance, folktales and rituals. Not just a “show”, The Christmas Revels is filled with audience participation—a Revels hallmark.

This year’s Revels began in Acadia and followed the trail of the original French immigrants who had settled on the Canadian border but were later forced south by the British to a new home along the bayous of Louisiana. Through these difficult times their spirit endured. Filled with toe-tapping fiddle tunes, lilting Cajun two steps, gorgeous anthems, and familiar Revels touchstones like the Sussex Mummers Carol and Lord of the Dance, this was surely a HURA Christmas Revels to remember!