

# RESOURCES FOR HARVARD RETIREES

*A Publication of the  
Harvard University Retirees Association, Inc.*

***8<sup>th</sup> Edition***  
**2021-2023**

The information contained in this guide is periodically updated on the HURA website at <https://hura.harvard.edu> and on HARVie at <https://HR.Harvard.edu>. Information about major changes is also sent to subscribers on the HURA E-List and published in *HURA News*.

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## ***RESOURCES FOR HARVARD RETIREES***

This description of benefits that are available to benefits-eligible retirees of Harvard University was prepared in cooperation with Harvard Human Resources Benefits by the Harvard University Retirees Association (HURA) as a service to its members, other Harvard retirees, and Harvard employees nearing retirement.

Official plan documents and contracts, as well as departmental policies, govern many of these benefits and services. This information is subject to change.

Consult Harvard Human Resources (HHR) Benefits or relevant departments about the current status of benefits described here and eligibility for them. Also look for updates on the HURA website at <https://hura.harvard.edu> and at <https://hr.harvard.edu>.

Unless otherwise specified, the term “retiree” in this booklet refers to those who meet the University’s definition of benefits-eligible retiree or are otherwise designated as “retiree” in the University’s PeopleSoft database. All are eligible for HURA membership benefits.

This 8<sup>th</sup> edition of the *Resources* book contains for the first time a listing of non-Harvard sources that may be of use to retirees. We would be happy to hear of others that you have found useful.

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## Harvard University Retirees Association

HURA provides opportunities for retirees to stay connected with the University and former colleagues through a variety of programs, activities, and communications. It also serves as a liaison between retirees and the University on matters of mutual concern.

HURA is a nonprofit 501c(7) social organization supported by membership dues and by support from Harvard Human Resources.

**Membership** is open to all former faculty and staff who are benefits-eligible Harvard retirees. During their first months in retirement, all are eligible to request an introductory membership at no cost. The annual membership renewal fee is \$20 (subject to change), which is assessed each June. There are currently about 1,400 HURA members among more than 5,000 Harvard retirees.

With their paid \$20 membership in HURA, retirees are eligible to receive a free subscription to *Harvard Health Letter*, itself a \$20 benefit.

**HURA programs and activities** include the Annual Business Meeting and Luncheon in June, the Fall Reception in October, and the Holiday Luncheon in December. Throughout the year, educational, social, cultural, and performance programs are also offered. Examples may include discussions of changes in benefits or of initiatives in the communities that Harvard calls home, introductions to new University senior staff, docent-led tours of museums, outings to places of interest in and around Boston, concerts, and athletic games that pit Harvard teams against those of other universities.

HURA also features timely and engaging speakers from both the Harvard faculty and administration to well-known outside presenters discussing a variety of interesting and informative topics. Through its newsletter, website, Facebook presence, and E-List, HURA communicates news and information of interest to its members. *HURA News* is currently sent four times a year to all members and to recent retirees who opt to accept their first free year of membership.

**HURA E-List** subscriptions are a benefit of HURA membership. Subscribers receive email messages on a wide range of topics.

- HURA program announcements, especially those too late for the newsletter.
- Special alerts concerning benefits affecting seniors, such as increases in Medicare costs, changes in Social Security payments, or changes in Harvard benefits.
- Updates to this booklet, the *Resources for Harvard Retirees*.
- Tax tips for seniors.
- Computer and Internet information.
- Information about other topics of interest to seniors.

The E-list is not a discussion list. Subscribers cannot send messages to other subscribers. Email addresses do not appear in any mailing and are not shared with others. Each message carries information about how to unsubscribe or to suspend subscriptions for periods of time.

The simplest way for members to subscribe to the E-list is to send an email message with full name and email address to the E-list administrators at [mch12938@comcast.net](mailto:mch12938@comcast.net) or [carleen.farrell@gmail.com](mailto:carleen.farrell@gmail.com).

**HURA Website** offers information about HURA and a rich array of other important information and services for retirees, including this *Resources* guide.

- <https://hura.harvard.edu>

**Facebook** Also find current information about HURA activities and programs.

- <https://Facebook.com/HUretirees>

### **2021 Board of Directors**

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## **Harvard Human Resources Benefits**

**The Benefits Office** is the first place to turn for assistance with issues relating to Harvard's benefits for retirees. Benefits staff can provide information on medical, dental, and life insurance plans, retirement plan benefits, and Medicare enrollment. For specific medical and dental claims, however, contact the individual medical or dental health care provider (listed below).

Benefits staff advise that you should email ([benefits@harvard.edu](mailto:benefits@harvard.edu)) or call (617-496-4001) before visiting the office at 114 Mt. Auburn Street. In most cases, questions, issues, and concerns can be resolved without the hassle of an office visit. A call or email could also keep you from having to wait in line if you come personally to the front desk.

For detailed plan information about retiree benefits, visit Harvard Information for Employees (HARVie) at <https://hr.harvard.edu>. Click on Retirees & HURA Members under Special Resources on the right of the page. For some information, a HarvardKey and two-step authentication are required. Or go to Retiree Health on HARVie at <https://hr.harvard.edu/retiree-health>

### **Benefits Office**

#### **Walk-in Benefits Desk**

114 Mt. Auburn St., 4<sup>th</sup> floor

Monday-Thursday, 11:00 a.m.-3:00 p.m.; closed on Friday.

#### **Benefits Call Center**

Monday, Tuesday, Thursday and Friday, 9:00 a.m.-5:00 p.m.;

Wednesday, 10:00 a.m.-5:00 p.m.

617-496-4001

fax 617-496-3000

[benefits@harvard.edu](mailto:benefits@harvard.edu)

## **Retiree Health**

### **Post-Retirement Eligibility**

Eligibility for post-retiree health coverage depends upon several factors, including when you began work at the University, employee group, the length of University service, age, and date of retirement.

Consult the Benefits Office for specific details.

Eligibility is also addressed in Retiree Health Coverage Overview at <https://hr.harvard.edu/files/humanresources/files/retireehealthplan.pdf> and <https://hr.harvard.edu/retiree-health>

### **Health and Welfare Plans Overview**

Summary Plan Description (SPD) (January 2020)

[https://hr.harvard.edu/files/humanresources/files/healthwelfare\\_benefit\\_summaryplandescrip tion.pdf](https://hr.harvard.edu/files/humanresources/files/healthwelfare_benefit_summaryplandescrip tion.pdf)

### **Medical Plans**

The current merger of the Tufts Health and Harvard Pilgrim plans has not been completed. All affected participants in these plans will be notified when there is information about their status.

Medical plans are subject to change. Retirees should verify all benefits and eligibility requirements with the Benefits Office or with their medical care providers.

There is no requirement for enrollment in a Harvard medical plan while you were employed in order to qualify for retiree medical coverage.

Benefits-eligible retirees and their eligible dependents (spouse/domestic partner at the time of retirement and children under age 26) under age 65 may choose from the same medical plans offered to active employees.

At age 65, the retiree must sign up for Medicare Part A and Part B and a Harvard-sponsored senior retiree medical plan if they wish to remain enrolled in Harvard-sponsored medical coverage.

When the covered individual reaches age 65 before their spouse/domestic partner (or vice versa), only the one who has reached age 65 will need to enroll in a senior retiree medical plan. The other, who is not yet eligible for Medicare, will remain in a Harvard under-age-65 retiree medical plan.

Currently, the Benefits Office mails a packet to the retiree's home address approximately four months prior to the month of the individual's 65<sup>th</sup> birthday. The packet includes a letter of instructions, as well as enrollment kits for each of the senior retiree medical plans.

### **Spousal/Registered Domestic Partner Benefits**

A retiree's spouse or registered domestic partner at the time of retirement is eligible for retiree medical and dental coverage. The retiree must be enrolled in order for the spouse or domestic partner to enroll.

In the event that a retiree remarries or marries for the first time following the date of retirement, the new spouse or registered domestic partner of the retiree is not eligible for retiree medical or dental coverage under the Harvard plans.

Contact Harvard Human Resources Benefits for more information about retiree medical plans at 617-496-4001 or [benefits@harvard.edu](mailto:benefits@harvard.edu)

**Be sure to notify the Benefits Office of any permanent change of address.**

### **Plans for Retirees/Dependents Age 65 and Over**

Retirees, their eligible spouses/domestic partners, and eligible dependents age 65 and over may choose from one of the following plans that supplement Medicare.

**Blue Cross Blue Shield (BCBS) of Massachusetts Medex** (no residential restrictions)

800-882-1093

Medex 2 Plan Summary of Benefits

[https://hr.harvard.edu/files/humanresources/files/medex\\_summary\\_of\\_benefits.df](https://hr.harvard.edu/files/humanresources/files/medex_summary_of_benefits.df)

<https://www.bluecrossma.com/>

### **Harvard Pilgrim Health Care Medicare Enhance**

(must live in the U.S.)

877-679-5667

[https://www.harvardpilgrim.org/portal/page?\\_pageid=213,224405&\\_dad=portal&\\_schema=PORTAL](https://www.harvardpilgrim.org/portal/page?_pageid=213,224405&_dad=portal&_schema=PORTAL)

<https://www.harvardpilgrim.org>

### **Tufts Health Plan Medicare Preferred HMO**

(must live in the Tufts HMO service area)

800-936-1902

<https://www.tuftsmedicarepreferred.org/>

### **Kaiser Permanente**

Available only to retirees of Dumbarton Oaks and the Center for Hellenic Studies living in Washington, D.C., Maryland, and Virginia.

**View plan features comparison charts and rates at**

<https://hr.harvard.edu/plan-rates-features>.

### **Plans for Retirees and Spouses/Domestic Partners under age 65**

Retirees, their eligible spouses/domestic partners, and eligible dependents under age 65 may choose from the same plans offered to active employees.

<https://hr.harvard.edu/medical>

Harvard University Group Health Plan (HUGHP) HMO and POS

617-495-2008

<https://www.hughp.harvard.edu/>

**View plan features comparison charts and rates at**

<https://hr.harvard.edu/plan-rates-features>

### **Prescription Drug Coverage for Retirees**

Prescription drug coverage is included as part of the medical coverage (except Kaiser Permanente). There is no need to sign up for a separate Medicare Part D plan.

Express Scripts currently manages the prescription drug plan.

Retirees may call Express Scripts with questions or visit online for more information and to set up an online account at 877-787-8684 or <https://www.express-scripts.com/>

### **Dental Plans for Retirees**

Harvard's dental benefits for eligible retirees and their eligible dependents is provided by Delta Dental PPO Plus Premier Plan (Group Number 003603) contact information 800-872-0500 or <https://www.deltadentalma.com>

Find a summary of retiree dental coverage at

[https://hr.harvard.edu/files/humanresources/files/retiree\\_dental.pdf](https://hr.harvard.edu/files/humanresources/files/retiree_dental.pdf).

View rates at <https://hr.harvard.edu/plan-rates-features>.

You will have two opportunities to enroll in retiree dental coverage

- At the time of retirement or
- When you enroll in retiree medical coverage for the first time, if after your initial retirement date.

If you do not enroll at one of these times, or you cancel retiree dental coverage at a later date, you cannot enroll again.

### **Harvard Dental Services**

The state-of-the-art Harvard Dental Services clinic at 114 Mt. Auburn St. offers a full range of dental services for the entire Harvard community, including family members. The greater Cambridge community may also utilize these services.

The Dental Services clinic accepts the Delta Dental PPO Plus Premier Plan and Blue Cross Blue Shield dental insurance plans. Dental Services does not participate in any Delta Preferred Plan. The clinic bills eligible plans directly. It also offers services on a fee-for-service basis.

Dentists and hygienists are available by appointment. Notify the clinic at least 24 hours in advance of missing an appointment, so other patients may take advantage of the time. Due to the high demand for service, Harvard Dental Services reserves the right to charge patients who do not show up for appointments.

114 Mt. Auburn St., 7<sup>th</sup> floor, Cambridge

617-495-2063

<https://huhs.harvard.edu/dental>

**Harvard Dental Center at the Harvard School of Dental Medicine** is a state-of-the-art comprehensive dental care facility located adjacent to the Harvard School of Dental Medicine. As a “school within a school,” the Dental Center houses **Teaching Practices**, where treatment is delivered by pre-doctoral dental and advanced graduate dental students.

The Dental Center also encompasses a **Faculty Group Practice** with care provided by Harvard faculty members. A multi-specialty group dental practice, the Faculty Group Practice combines general dentists, specialists in all areas of dental medicine, and dental hygienists to provide a one-stop approach to treating patients.

Teaching Practices charges 30% to 50% less than standard fees in the Faculty Group Practice or in the private sector. Graduate student dentists, who are supervised by Harvard faculty, provide affordable and comprehensive care to patients. Both programs accept the Delta Dental Plan.

188 Longwood Avenue, Boston

617-432-1434

<https://hsdm.harvard.edu/harvard-dental-center>

**The HURA Dental Plan** is an old plan for Harvard retirees that has been closed to new enrollees for many years. It was called HURA because of the effort that the Association put into its creation.

## **Harvard University Health Services (HUHS)**

Harvard retirees age 65 or over participating in either Medex (BCBS) or Harvard Pilgrim Medicare Enhance (HPHC) are welcome to begin or continue their health care at HUHS.

Retirees formerly with the Harvard University Group Health Plan (HUGHP) may continue to see their same physicians or other HUHS service providers and to access all services at HUHS under these two plans. However, payment for services is dependent upon coverage provided by Medex or HPHC. Consult your retiree medical benefit summary for details.

75 Mt. Auburn St. (Smith Campus Center)

617-495-5711

<https://huhs.harvard.edu/>

For eligibility verification, call 617-496-8700.

**Flu Shots** are offered in the fall at University Health Services to any senior with a valid Harvard or HUGHP ID, regardless of their health plan. Spouses and domestic partners who do not have their own Harvard or HUGHP ID are not eligible for shots at these clinics. Consult the HUHS website or call the HUHS information line.

617-496-2288

<https://huhs.harvard.edu/>

**HUHS Patient Portal** offers a number of confidential services to retirees who use HUHS for their medical and mental health needs.

Review stored personal profile and list of medications, schedule or cancel medical appointments, and access a secure messaging system. The online scheduler permits one to view, arrange, or cancel appointments with their Primary Care Team.

Messages appear in the “messages” link. Email notifications are sent when messages have been posted. Retirees may also book appointments with the After Hours Urgent Care Clinic for any medically urgent concern.

Access to this confidential service requires a Harvard Key and two-step authentication.

<https://patient.uhs.harvard.edu>

## Retirement Plans

Harvard's retirement plan administration and recordkeeping are managed by TIAA. All investment options in the retirement programs are available on the TIAA website.

<https://www.tiaa.org/>

**Harvard University Retirement Center** is staffed by TIAA employees dedicated to Harvard.

800-527-1398

<https://www.tiaa.org/public/tcm/Harvard>

Meet one-on-one with a TIAA advisor.

The Harvard Square TIAA/Harvard office is at

97 Mt. Auburn St., Cambridge.

Weekdays, 8:00 a.m. to 8:00 p.m.

800-732-8353

<https://www.TIAA.org/schedulenow>

Make an appointment before visiting.

Retirement plan information is also available through HARVie at

<https://hr.harvard.edu/retirement>.

## Social Security Administration (Social Security & Medicare)

<https://www.ssa.gov/>

To find your local Social Security office go to

<https://secure.ssa.gov/ICON/main.jsp>

The office closest to Harvard Square is at 10 Fawcett St., Cambridge at the corner of Fawcett St. and Concord Ave. near the Alewife rotary (800-772-1213).

## Insurance

### Life Insurance

Upon your retirement, your life insurance coverage will continue to be available to you until the June 30 following your 70<sup>th</sup> birthday if you satisfy at least one of the following conditions at the time you separate from the University:

You meet the medical and dental eligibility rules outlined above  
or You are at least age 65.

Call the Benefits Office for details.

**Long-Term Care Insurance (LTC)** covers expenses for long-term care, whether received at home, in the community, or in a nursing facility. You or your eligible family members may apply for LTC insurance at any time, so long as you are under the age of 80. Enrollment is not limited to the Open Enrollment Period. For information about coverage and costs for you, your spouse, siblings, and adult children, contact Genworth Life Insurance.

Group ID: Harvard

Access code: groupltc

800-416-3624

[www.Genworth.com/groupltc](http://www.Genworth.com/groupltc)

John Hancock honors existing Harvard LTC contracts that it holds so long as policy holders continue to pay the monthly premiums. It is not issuing new contracts.

800-928-4260

MetLife is still the insurer for some former TIAA-CREF policy holders who accepted the transfer of their Harvard LTC coverage to MetLife some years ago.

888-748-4824

New subscribers should not overlook LTC insurance options with other carriers, such as AARP, which also uses Genworth.

**Social Security death payment** of \$255 can be made to a spouse or child if they meet certain requirements. Other caregivers are not eligible for this benefit. Survivors must apply for this payment within two years of the date of death.

## Wellness, Recreation, and Counseling

### Athletics Facilities

Retirees with valid Harvard ID cards have free access to the Blodgett Pool, the Malkin Athletic Center (MAC), the Quadrangle Recreational Athletic Center (QRAC), the Murr Center Fitness Room, and Hemenway Gymnasium.

Membership Office in the MAC  
39 Holyoke St., Cambridge  
Monday-Friday, 8:00-6:00  
617-496-1585

Retirees are eligible for a free single annual recreational membership as well as free towel service if they have completed 15 years of full-time service at Harvard. After reaching 15 years, the free membership will go into effect at the start of the following academic year.

Retirees may buy a family membership for a spouse/domestic partner and any dependent children (under the age of 26). Parents, siblings, and any other extended family members are not eligible.

Full year (2019/2020) \$100, \$80 for the academic year, \$65 per semester, and \$24 for the summer term.

Family memberships must be purchased in person at the Membership Office. A valid Harvard ID card is required at the time of purchase.

Retirees also have access to the tennis courts and the squash courts at the same additional rates charged to active faculty and staff. Call the Membership Office for more information. For a description of add-on fees for all separately priced services, go to <https://recreation.gocrimson.com/recreation/membership/faculty>.

For information about sports schedules, articles about athletes, ticket information, and more, visit the Harvard Athletics website.

<https://www.gocrimson.com/>

For tickets, visit the Ticket Office in the Murr Center

65 North Harvard Street, Allston  
617-495-2211

**The Center for Wellness and Health Promotion**, a department of University Health Services, cultivates individual and collective growth through educational experiences that develop and enhance holistic health. Innovative programs, services, and initiatives are for everyone in the Harvard community. A list of courses and events is posted on the website.

Call to schedule a massage, chair massage, or acupuncture appointment, or register online for a movement, meditation, or yoga class.

75 Mt. Auburn St., 2<sup>nd</sup> floor, Cambridge.

617-495-9629

[cw@huhs.harvard.edu](mailto:cw@huhs.harvard.edu)

<https://wellness.huhs.harvard.edu/>

**Harvard's Employee Assistance Program (EAP)** provides free and confidential assessment, referral, and short-term counseling services for staff and retirees to help work through many of life's challenges. Harvard faculty, staff, retirees, members of their households, and immediate family members—wherever they live—can access a range of services through KGA, Inc., Harvard's employee assistance provider. Help is available throughout the U.S. and Canada.

The EAP can help navigate questions about tax issues, inheritances, or estate planning, or to find short and long-term care arrangements for adults or children. The EAP offers free legal consultations by telephone and makes referrals to attorneys who offer a 25 % discount in fees. Support during personal crises, serious illnesses, and death is offered by experienced and caring professionals. Harvard's EAP can help with conflicts, personal and family relationships, eldercare planning, credit and debt management, domestic violence, alcohol and drug use, and other issues of a sensitive nature. Crisis intervention is just a phone call away.

Counselors are available to answer non-urgent calls Mondays-Thursdays between 8:30 a.m. and 5:30 p.m., and on Fridays between 8:30 a.m. and 5:00 p.m. Urgent calls are answered by crisis clinicians 24 hours a day, 7 days a week. Consultation is provided in more than a dozen languages. Bilingual and bicultural counselors are available, and the hearing impaired can arrange to meet with counselors fluent in American Sign Language. Whether you or a family member wants to meet with a consultant or other provider in Harvard Square, another community, or another part of the country, the EAP can tap into a broad network of resources.

To access articles, self-assessments, and tips on Harvard's EAP website, go to

<https://kgreer.com/members/login/>

The username is Harvard. No password is needed.

To speak with a consultant, call 877-327-4278 or TTY 800-828-6025, 24 hours a day, 7 days a week, toll free.

For further information, contact:

**Harvard University Office of Work/Life**

Nancy Costikyan, Director

114 Mt. Auburn St., 4<sup>th</sup> floor, Cambridge

617-495-4100

[worklife@harvard.edu](mailto:worklife@harvard.edu)

## **Ombudsmen**

The University's Ombudsmen are independent resources for problem resolution at Harvard. While most contacts with these confidential, independent, and neutral persons relate to workplace or academic disputes, retirees may find an ombudsman helpful if their interactions with the University become problematic. Information concerning a visit will not be disclosed without the visitor's permission. It is important, however, that discussions about benefits begin with staff in the HHR Benefits Office.

University Ombudsman, Lydia Cummings  
44R Brattle St., Cambridge (the green house near Harvest Restaurant)  
617-495-7748  
university\_ombudsman@harvard.edu  
<https://ombudsman.harvard.edu/>

Medical Area Ombudsperson, Melissa Brodrick  
164 Longwood Avenue, 1<sup>st</sup> floor, Boston  
617-432-4040  
Melissa\_Brodrick@hms.harvard.edu  
<https://hms.harvard.edu/departments/ombuds-office>

## **Financial and Legal Programs**

**Crimson Cash** is a declining-balance debit account accessed with your Harvard ID. No sign-up is required. Accounts are automatic for holders of valid Harvard IDs. Use the thin stripe on the back of the ID card to access an account where it is accepted.

To add cash to the ID card or for information about locations on campus, such as cafeterias and libraries, where this debit card can be used, go to <https://cash.harvard.edu>

To add value to your account for the first time, you need the 16-digit CC number that is found only on the back of your ID card. For security reasons, this is the only way you can find out what your CC number is.

Owners of dormant accounts may be asked to cash out the balance on their cards.

**Harvard University Employees Credit Union** is a full-service financial institution available to Harvard retirees. Members of the Harvard community have access to exclusive services and preferred rates that are not available elsewhere.

Main office in Harvard Square  
104 Mt. Auburn St., Cambridge  
617-495-4460  
<https://www.huecu.org>

Branches are located at

- Longwood Medical Area, 677 Huntington Ave., Rm. 108, Boston
- Massachusetts General Hospital, 55 Fruit St., Rm. 119, Boston
- Charlestown Navy Yard, 149 13<sup>th</sup> St., Charlestown
- Partners, Assembly Row, 399 Revolution Blvd., East Building, STE 345, Somerville

There are more than 5,000 shared branches and surcharge-free ATMs. ATMs are also located locally in a number of convenient locations.

<https://huecu.org/locations/>

**Legal Advice** Harvard's Employee Assistance Program (provided by KGA, Inc.) is a free and confidential service for Harvard University retirees, their household members and immediate family members, wherever they live in the U.S. and Canada. The EAP offers free, 30-minute telephone consultations with a lawyer. If you wish to retain a lawyer, you will also be eligible for a 25 % reduction in fees. Call 877-327-4278 to be matched with an attorney. See more under Harvard's Employee Assistance Program.

### **Required Minimum Distributions**

The SECURE Act of 2019 (Setting Every Community Up for Retirement Enhancement) raised the beginning age for taking required minimum distributions from 70½ to 72. This change applies only to account owners who turned 70½ *after* 2019.

Persons who have retired from Harvard or otherwise left the University are required by federal law to receive minimum distributions from their tax-deferred retirement funds, including tax-deferred accounts (TDA) and 457(b) savings by April 1 following the calendar year in which they attain age 72.

However, employees are not required to take minimum distributions while they are still employed at Harvard in a paid position.

## University Connections

The **Harvard Campus Service Center** provides a central location where the Harvard community can receive assistance with Parking, HU Housing, Harvard ID card service requests, and Crimson Cash cards. Customer service representatives can assist you with a request for any of the services they provide as well as guidance to help you find services elsewhere.

Harvard Campus Service Center  
807 Smith Campus Center  
617-496-7827  
<http://campusservicecenter.harvard.edu/>

**Changes of Address** Harvard retirees should report their permanent changes of address to HHR Benefits. There are two ways to make the change:

- Change their postal mailing address, home email address, and home telephone number themselves by using the PeopleSoft Self Service function.
- Request a printed Change-of-Address form from the Benefits Office or from the HURA Membership Secretary.

Either procedure will update your contact information in Harvard's PeopleSoft database so that you may continue to receive all HURA and Benefits Office mailings, including information about Harvard pension plans, health plans, dental plans, and TDA's. This will also change your address for subscriptions to *Harvard Magazine*.

Retirees are responsible for notifying the Social Security Administration and the IRS of address changes.

**Note:** A change of home address could result in termination of health coverage if participants in the Tufts plan move outside the Tufts coverage area. Such a change would require election of new coverage within 30 days. Contact HHR Benefits for more information as soon as possible so as not to miss the 30-day period in which changes to health plans are allowed.

Retirees who spend part of the year in a different location should not change their PeopleSoft address. Instead contact the Post Office to forward your mail while you are away. <https://www.usps.com/>

The HURA Membership Secretary can update members' home email addresses and telephone numbers in the PeopleSoft system, but cannot update postal mailing addresses or primary (Harvard) email addresses.

Contact HURA Membership Secretary Carleen Farrell  
617-285-9390  
[huramembership@gmail.com](mailto:huramembership@gmail.com)

## Disability Services

University Disability Services provides services for faculty, staff, students, retirees, and visitors with disabilities for access to the campus. It serves as a central resource for disability-related information, procedures, and services—such as transportation, parking, assistive listening devices, and interpreters—for the University community.

Smith Campus Center, Suite 900  
617-495-1859  
TTY: 617-496-0466  
Fax: 617-495-8520  
disabilityresources@harvard.edu  
<https://accessibility.harvard.edu/>

For assistance at HURA events, contact the HURA Board member in charge of the event.

## Email

Harvard University does not offer email accounts to most retirees, although some of the individual schools and departments may do so. Contact them for information.

The Harvard Alumni Association offers free “...@alumni.harvard.edu” email accounts to anyone who has ever enrolled in a degree program, including in the Extension School, whether they graduated or not.

Contact the Alumni Office for more information about your eligibility for such accounts.

124 Mt. Auburn Street, Cambridge  
617-496-0559  
<https://alumni.harvard.edu/>

**Email Addresses in PeopleSoft** There are not many reasons why it is necessary to change your Harvard “primary email address.” If it is not changed it, however, the old inactive ...@Harvard.edu or ...@hbs.edu address will remain in the system. If you find that you need to change it, there are two ways to convert it to an active personal email address.

- Work with the local directory contacts staff in your former department to have the email address changed to home or other personal email address in the MIDAS program. (They’ll know what that means.)
- Call the HUIT Helpdesk

617-495-7777

Or visit <https://harvard.service-now.com/ithelp> and click Submit a Ticket. With Harvard ID number and other personal information verified, the agent can change the retiree's primary email address in the database.

If at some later date you change your email address, remember to go through this procedure again.

## Harvard Directory

To search for individuals in the online Public Harvard Directory, click on Staff or Faculty on the bar at the top of the Harvard Home Page.

<https://www.harvard.edu/> or  
<https://www.directory.harvard.edu/>

Both pages also lead to search capabilities for University-wide resources.

## Harvard Information Online

**The Harvard Home Page** is the portal to everything about Harvard.

<https://www.harvard.edu/>

**Harvard Gazette** Visit the website of Harvard Public Affairs and Communications for the latest news about Harvard and links to related Harvard sites.

<https://news.harvard.edu/gazette>

To subscribe to the *Daily Gazette* online, click on the search box device, which appears with three lines and magnifying glass in the upper left corner of the *Gazette* home page. Fill in your email address under “The Daily Gazette”.

**Harvard Arts Calendar** The arts abound at Harvard, blending theory, practice, and passion. Harvard is home to a vibrant and dedicated community that celebrates and practices art.

<https://arts.harvard.edu>

## HarvardKey and Two-Step Authentication

The HarvardKey has replaced the Personal Identification Number (PIN). It is required for access to numerous Harvard sites, such as HARVie, PeopleSoft, Harvard Health Portal, Crimson Cash, and Outings & Innings. Most sites also now require an additional two-step authentication (see below).

To claim your HarvardKey, manage your account and services, activate the two-step authentication process, reset your password, or recover your login name, go to <https://key.harvard.edu>.

If you have any questions about claiming or using your HarvardKey, look at the Frequently Asked Questions on the HarvardKey help site.

<https://reference.iam.harvard.edu/>

Find the **Quick Guide to Claiming Your HarvardKey** at

<https://reference.iam.harvard.edu/files/huit-iam-docs/files/harvardkey-claim-newusers.pdf>.

If you can't find the answers to your questions there, or if you need one-on-one help, don't hesitate to contact the HUIT Service Desk.

617-495-7777

<https://harvard.service-now.com/ithelp>

Employees who have a Harvard Key when they retire can continue to use it as a retiree if they link their login name to their home or other personal email address.

### **Two-Step Authentication**

Sites that require two-step authentication will prompt you to click on one of three authentication methods. The fastest method is called Duo Push, which sends a prompt to your iPhone or tablet. To use it, download and activate the free Duo-Mobile App from iTunes or Google Play.

For further instructions, go to <https://guide.duo.com/prompt>.

For Harvard assistance, call HUIT at 617-495-7777.

### **HARVie**

The **Harvard Intranet for Employees** is a portal for employees and retirees to extensive online, University-based news and information about benefits, life balance, health, and learning.

The website also provides access to your own account on PeopleSoft. (Harvard Key and two-step authentication required.)

To find specific retirement information, under Special Resources (right side, half way down the page), click on Retirees and HURA Members at <https://hr.harvard.edu>.

### **ID Cards**

See **Retiree ID Cards** below.

### **PeopleSoft Self-Service Function**

Retirees with a Harvard Key and two-step authentication can use PeopleSoft to perform a number of functions in the University's central database.

Go to <https://hr.harvard.edu/>.

Click on PeopleSoft at the top of the screen.

Under the **Self-Service** heading, retirees view and, in some cases, change or update personal information in the PeopleSoft database, including:

**My Pay** (Harvard salary up to your last day of work)

**My Benefits**

General summary and other categories

## **My Personal Details**

Here you can change your postal mailing address and your cell phone, land line number, and home email address. The Harvard Primary Email address is shown, but cannot be changed here.

## **My Preferences and Agreements**

If you prefer to receive only the online version of *Harvard Magazine*, you can opt out of the print version here.

The *Gazette* is still listed, but is no longer published in print.

You can also sign up for the University's MessageMe service to receive critical information during a University emergency.

## **Retiree ID Cards**

Benefits-eligible employees should not surrender their ID cards when they retire from Harvard. Your Harvard ID card becomes your retiree card. (The change happens automatically.) It is also your Harvard Library card. Your ID number, Harvard Keys, and two-step authentication remain the same. Crimson Cash accounts are also unchanged.

HHR Benefits sends to the ID Office a monthly report of recent retirees. ID cards will work continuously as individuals transition from employee to retiree status, so separate registration should not be necessary, except in the libraries. (See following.)

ID cards that show a printed expiration date should be replaced at the Campus Service Center, 807 Smith Campus Center (617-496-7827). The new ID will show no expiration date.

Retirees may also obtain a replacement ID card or their HarvardKey at the Center.

The latest version of the ID card has two magnetic strips on the back. The thinner strip is for use of Crimson Cash accounts or for rides on the M2 shuttle bus. A computer chip and an antenna are embedded in the new Harvard ID cards. These permit users to tap the card for building access or other services where they are required. Do not punch holes in these cards or you could damage these elements.

**Surviving spouses or surviving registered domestic partners** of deceased benefits-eligible Harvard retirees may receive a Harvard ID card under their own name and unique ID number with their own name and photo on the ID card. (This is a recent change.) Cards may be obtained at the Campus Service Center at 807 Smith Campus Center 617-496-7827.

Spouses or domestic partners of living retirees are not eligible for their own ID cards unless they are also benefits-eligible Harvard retirees, but they are welcomed as guests at HURA events.

## Buying and Selling

### Harvard Real Estate Advantage Program

All Harvard employees and benefits-eligible retirees are invited to participate in the Harvard University Housing's Real Estate Advantage Program (REAP). It offers a wide range of home buying and selling services, including cash-back when buying or selling a home, free home-buying and selling seminars, and referrals to preferred lenders. Coldwell Banker Residential Brokerage is Harvard's partner in REAP.

REAP, Campus Service Center

815 Smith Campus Center

617- 495-8840 or 800-396-0960

<http://www.huhousing.harvard.edu/faculty-and-employee-real-estate-services>

Select the Home Buying link.

### Harvard Student Agencies, Inc.

HSA is said to be the largest student-run company in the world, employing more than 650 undergraduates annually. Founded in 1957, HSA is a multi-million-dollar non-profit that provides Harvard students with meaningful opportunities for employment and hands-on business education. Student managers lead all aspects of the operations and strategy behind HSA's 12 businesses, which range from publishing to tutoring to bartending, including Let's Go (the leader in student travel), HSA Cleaners (a laundry and dry-cleaning service), and The Harvard Shop (a storefront and web retail business).

67 Mount Auburn St., Cambridge

617-495-3030

<https://www.hsa.net/home>

<https://www.hsa.net/agencies>

### Harvard University Off-Campus Housing

Realtors, property managers, and property owners who want to list a rental property should sign up as a Property Manager. Note that listings are publicly searchable.

[huhousing@harvard.edu](mailto:huhousing@harvard.edu)

<https://www.harvardhousingoffcampus.com/registration>

### HARVie Classifieds

This is a service for those in the Harvard community who wish to sell or purchase items, rent or sell properties, or seek or offer services. It is a free service and is available to anyone with access to HARVie.

<https://hr.harvard.edu>

(Harvard Key and two-step authentication required)

To use this service, the home email address or an active Harvard email address may be required in PeopleSoft as the primary contact email address. See the instructions under Email earlier in this booklet about how to change a primary Harvard email address to your home email address.

**Note:** HARVie Classifieds works best in browsers other than Internet Explorer, e.g. Firefox or Google Chrome.

## **Outings & Innings**

For more services, bargains, and discounts, go to the Outings & Innings home page.

<https://outingsandinings.harvard.edu/>

Harvard Key and two-step authentication required.

At the top of the home page, click on Hidden Gem tab to find both Popular University Resources and More Popular Discounts. You will also find additional resources, video clips, and listings of interest on the right and left columns when clicking on each of the tabs.

## **Entertainment and Dining**

### **American Repertory Theater (A.R.T.) / Loeb Drama Center**

A \$5 discount is available to senior citizens (62 and older) with ID. Limit one ticket per performance per ID and not applicable for \$25 tickets.

64 Brattle St., Cambridge

617-547-8300

<https://americanrepertorytheater.org/>

**Club Oberon** is A.R.T.'s second stage, a destination for theater and nightlife on the fringe of Harvard Square.

2 Arrow St., Cambridge

617-496-8004

<https://americanrepertorytheater.org/oberon/>

NB: American Repertory Theater's future home is to be on Harvard's Allston Campus.

### **Events Calendars**

There are numerous calendars listing Harvard events. Most have a great deal of overlap, but each offers something unique.

The **Events Calendar** of what is going on at Harvard

<https://www.harvard.edu/events>

The **Gazette's mega calendar**

<https://news.harvard.edu/gazette/harvard-events/>

Click on any of the listings under More Calendars.

### **Office for the Arts**

<https://arts.harvard.edu/>

### **Harvard Box Office**

The Office provides tickets to many performance events at Harvard, including Sanders Theatre. There is a handling fee for telephone sales. All sales are final.

Smith Center lobby  
1350 Mass. Ave.  
Tuesday-Sunday, 12:00–6:00 p.m.  
617-496-2222  
<https://www.boxoffice.harvard.edu>

### **Harvard Dining Services Cafés**

All cafés are open to all members of the Harvard community and their accompanied guests. Cafés accept American currency, Mastercard, Visa, American Express, BoardPlus, and Crimson Cash.

617-496-8600  
<https://dining.harvard.edu/cafes>

### **Harvard Faculty Club**

Membership is free for retirees who register. A valid Harvard ID is the membership card. The Club accepts major credit cards, as well as Crimson Cash.

The easiest way to apply for membership is online.  
Go to <https://www.hfc.harvard.edu/>.  
Click on the Membership tab and on Faculty/Staff/Retiree as the option.

To register by mail, return the printable form found at  
[https://www.hfc.harvard.edu/sites/hfc.harvard.edu/files/member\\_form.pdf](https://www.hfc.harvard.edu/sites/hfc.harvard.edu/files/member_form.pdf).  
Allow 2-3 business days for processing.

Becoming a full member of the Harvard Faculty Club entitles retirees to discounts on dining, use of reciprocal clubs around the world, and more.

20 Quincy Street, Cambridge  
617-495-5758  
<https://www.hfc.harvard.edu/membership/guest-privileges>

### **Harvard Film Archive**

The Film Archive's cinematheque presents films Friday through Monday nights year round. Open to the public, all screenings are held in the 200-seat theater located in the historic Carpenter Center for the Arts and features state-of-the-art film and digital projection.

A division of the Harvard Library, the Archive is one of the largest university-based motion picture collections in the U.S., with well over 36,000 AV items from around the world.

Regular admission tickets are \$10; \$8 for senior citizens; special events, \$15 all patrons. Cash or check only. Senior memberships are available for \$35.

Tickets may be picked up 45 minutes before the start of the show.  
The Carpenter Center, 24 Quincy St., Cambridge  
617-495-4700  
<https://harvardfilmarchive.org/>

## **Outings & Innings**

O&I is a service exclusively for Harvard faculty, staff, students, and retirees. It offers convenient access (and often deep discounts) to a wide array of social, cultural, and recreational activities and events (including movies, museums, performing arts, sports, and seasonal attractions) in the Greater Boston area and beyond.

To stay apprised of O&I's frequently changing roster of tickets and offers, sign up to receive O&I E-List messages. Users of O&I's services must have an account in the O&I ticketing system, whether purchasing online or on site.

Log on to the O&I website to create an account.

<https://outingsandinings.harvard.edu/>

Harvard Key and two-step verification required.

44R Brattle St. (the green house in the alley near the Harvest Restaurant) in Harvard Square.

617-495-2828

[Outings\\_Innings@harvard.edu](mailto:Outings_Innings@harvard.edu)

## **Sports and Games**

The Crimson Athletics ticket office has schedules and sells tickets for all Harvard team sporting events that require tickets. Many events are free, such as baseball, wrestling, swimming, diving, and water polo.

Visit the GoCrimson website for schedules, team rosters, online ticket purchases, and special promotions. Several Crimson sporting events feature faculty and staff days that also offer free tickets to Harvard retired staff. HURA members are invited to participate in these events.

The Ticket Office is in the Murr Center.

65 North Harvard Street, Allston

617-495-2211

<https://www.gocrimson.com/>

HURA offers special rates on football, hockey, and other games each year. Information can be found in issues of *HURA News* and on the HURA E-list and website.

For information about personal use of athletics facilities, see Athletics Facilities under Wellness, Recreation, and Counseling.

## **Learning and Education**

### **Auditing Harvard Courses**

Contact the Faculty of Arts & Sciences or other individual schools for information about auditing courses. Phone numbers are listed in the directory at the end of this booklet.

### **The Center for Workplace Development**

CWD offers a wide range of courses, including personal development, computers (word processing, spreadsheets, databases, and desktop publishing), and the use of social media. Retirees are invited on a space-available basis. View a complete list of programs and services on their website at <https://hr.harvard.edu>.

Click on Learning and Development.

Registration for all CWD courses is available through the Harvard Training Portal website under Learning and Development. Send a email [trainingportal@harvard.edu](mailto:trainingportal@harvard.edu) to request Training Enrollment. Personal checks are accepted for registrations, but a seat in the class is not guaranteed until the check is received.

124 Mt. Auburn Street, 3rd floor, Cambridge

617-495-4895

[training@harvard.edu](mailto:training@harvard.edu)

### **Continuing Education**

The Division of Continuing Education (DCE) and the Harvard Extension School offer part-time study in the evenings and online on an open-enrollment basis for more than 900 courses. Its dynamic and challenging environment annually attracts more than 14,000 students. More than 800 degrees and 1,000 certificates are awarded each year. Students come from all walks of life and academic backgrounds, holding a variety of degrees, from associate to doctorate, or no degrees at all.

The Extension School's Distance Education program offers a way to take courses from home. Many courses are offered both on campus and online, and some are online only. For more information, click on Course Catalog on the website.

While registered for courses, students may have access to more than 3,000 databases and e-journals through the Harvard Library's HOLLIS catalog. These are not otherwise available to retirees.

51 Brattle St., Cambridge

617-495-4024

<https://www.extension.harvard.edu/>

The Tuition Assistance Plan (TAP) is available for both on-site and distance education programs. (See below.)

**EdX** offers free access to 2,500 online courses from 140 of the world's best universities. It was created by and is based at Harvard and MIT for 20 million learners who seek to transform themselves through cutting-edge technologies, innovative pedagogy, and rigorous courses. Institutional partners around the world present the best of higher education online, offering opportunity to anyone who wants to achieve, thrive, and grow. Find the catalog of free online courses at <https://www.edx.org/>.

### **Harvard Institute for Learning in Retirement**

HILR is a non-credit, non-degree program for retirees. The Division of Continuing Education established the Institute to recognize the importance of cultivating the great store of accumulated knowledge among the community of older adults and to provide opportunities for continued educational growth.

Call for a membership application and schedules. Criteria for admission are generally based on an applicant's education, avocation, or career background. But the Institute does seek candidates who are likely to consider HILR a major commitment of their time and energy, who enjoy and contribute actively to class discussion, and who show willingness to become study group leaders or to serve on one of the program's many committees.

Currently there are 550 participants enrolled, and more than 120 courses are offered.

34 Concord Ave., Cambridge

617-495-4072

<https://hilr.dce.harvard.edu/>

### **Harvard Summer School**

Adults may take courses in Summer School. More than 300 courses are taught by Harvard professors and visiting scholars during the day, evening, and online. TAP is accepted.

51 Brattle St., Cambridge

617-495-4024

<https://www.summer.harvard.edu/>

### **OSHER**

Also popular with Harvard retirees is the OSHER Lifelong Learning Institute at Tufts University. <https://ase.tufts.edu/li/>.

TAP is not available for OSHER.

### **Tuition Assistance Plan (TAP)**

Retirees may use TAP for up to eight credits per term at participating Harvard schools or for two courses per term at Harvard Extension, the Summer School, or Office for the Arts (OFA).

TAP is available to those who at the time of retirement or separation from the University were at least age 55 with a minimum of 10 years of participation service. For those with more than 15 years of service, one course per semester is free at DCE or OFA.

The TAP fee is \$40 at the Harvard Extension School and at Summer School, \$40 per course, or \$80 for an 8 credit course. At other participating Harvard schools, the fee is usually 10% of tuition.

TAP may be used for both on-site and Harvard Continuing Education distance programs.

TAP is not available to spouses or for courses outside the University. The TRP (tuition reimbursement program) is not available to retirees.

More details may be found in the TAP booklet, which contains specific school-by-school information.

[https://hr.harvard.edu/files/humanresources/files/tap\\_booklet.pdf](https://hr.harvard.edu/files/humanresources/files/tap_booklet.pdf)

HHR Benefits Office  
114 Mt. Auburn St., 4<sup>th</sup> floor, Cambridge  
617-496-4001  
<https://hr.harvard.edu/tuition-assistance>

## **Libraries**

**The Harvard Library** is the oldest library in the United States. Founded in 1638 with a gift of 400 books from John Harvard, it is the largest university library in the world. Today it is an unparalleled resource for learning and research, engaging users through curated discovery, digital collections, reimagined physical space, and specialized research support. Harvard Library delivers exceptional experiences to its user communities. Serving as an information hub, the Library connects users to related disciplines and to University-wide teaching resources. Its holdings range from traditional print collections to rapidly expanding digital resources. It is the work of the Harvard Library to provide the University's faculty, students, and researchers—now and in the future—with comprehensive access to these materials.

### **Library Cards**

Your Harvard ID card is your library card. The Benefits Office notifies the Harvard ID office about new retirees on a monthly basis, so it may take up to a month for your Harvard ID record to reflect your retiree status.

New retirees may visit the Library Privileges Office in Widener Library Room 130 (617-495-4166) if they have difficulty accessing the FAS libraries (Widener, Lamont, Cabot Science, Fine Arts, etc.) with their ID card.

### **Access and Borrowing**

Retirees may use most of the libraries and may borrow circulating materials. However, specific access and borrowing policies for retirees and their spouses vary across the University's many libraries. Prior to any visit, contact the library in question to find out more about your access.

For access to libraries affiliated with a particular graduate school, contact the individual library directly to determine whether your ID card has been activated for entry to those locations.

For a complete list of Harvard libraries and their websites, visit <https://library.harvard.edu/find-library>.

To search the HOLLIS catalog of library holdings, visit <https://library.harvard.edu/>.

### **Spouses and Qualified Domestic Partners**

Spouses and QDPs of retired faculty and staff may obtain their own Special Borrower's cards for use in the Harvard College libraries for a small processing fee. Contact the Privileges Office in Widener Library for more information at 617-495-4166.

Acceptance of these College Library special borrower's cards varies widely in the professional school libraries (Business, Law, Medical area, Kennedy, Education, Design, and Divinity). Although retirees may use and borrow from these libraries, call ahead to see if access and borrowing are also offered to spouses/domestic partners.

## Databases and Electronic Journals

Harvard Library's licensing agreements with publishers and vendors do not include retirees for access to databases or e-journals from their personal computers unless they are registered for courses in the Extension School or in one of the faculties.

Access to many of these resources can be obtained by using the computers that are available in the libraries.

Journal and newspaper articles on many subjects are now included with books in searches of HOLLIS.

## Museums

*Admittance to all Harvard museums is free for retirees—and one guest—upon presentation of a valid Harvard ID card. Separate personal memberships in the museums are recommended because of the enhanced benefits they provide.*

### Harvard Art Museums

HUAM is among the world's leading art institutions, comprising three museums and four research centers.

Fogg Museum

Busch-Reisinger Museum

Arthur M. Sackler Museum

Straus Center for Conservation and Technical Studies

Center for the Technical Study of Modern Art

Harvard Art Museums Archives

Archaeological Exploration of Sardis

The **Fogg Museum** includes Western art from the Middle Ages to the present. The **Busch-Reisinger Museum**, unique among North American museums, is dedicated to the study of all modes and periods of art from central and northern Europe, with an emphasis on German-speaking countries. The **Arthur M. Sackler Museum** is focused on Asian, ancient, Islamic, and later Indian art.

Together, the collections include approximately 250,000 objects in all media. Integral to Harvard University and the wider community, the museums and research centers serve as resources for students, scholars, and the public. For more than a century they have been the nation's premier training ground for art museum professionals and are renowned for their seminal role in developing the discipline of art history in the United States.

The recent renovation and expansion of the Harvard Art Museums builds on the legacies of the three museums and unites their remarkable collections under one roof for the first time. Renzo Piano Building Workshop's responsive design preserved the Fogg Museum's 1927 facade, while transforming the space to accommodate 21st-century needs.

The museums now feature forty percent more gallery space, an expanded Art Study Center, conservation labs and classrooms, and a striking new glass roof that bridges the facility's historic and contemporary architecture. The three constituent museums retain their distinct identities in this new facility, yet their close proximity provides exciting opportunities to experience works of art in a broader context.

### **Hours and Admission**

Daily, 10:00 a.m.-5:00 p.m. Closed major holidays. Admission is free for members, Harvard students, faculty, staff, and retirees (plus one guest) with valid Harvard IDs, as well as youth under 18, and Cambridge residents.

Entrance fee for general public: \$15 adults, \$13 seniors (65+), \$10 non-Harvard students (18+).

Membership in the Friends Circle for HURA members is just \$5. Regular membership levels in the Harvard Art Museums start at \$50 and also include unlimited free admission to the Harvard Museums of Science & Culture.

Contact the membership office for more information.

617-495-4544

[am\\_membership@harvard.edu](mailto:am_membership@harvard.edu)

32 Quincy St., Cambridge

617-495-9400

<https://www.harvardartmuseums.org/>

### **Harvard Museums of Science & Culture**

HMSC is a consortium of four public museums in Harvard's Faculty of Arts and Sciences.

Harvard Museum of Natural History

Peabody Museum of Archaeology & Ethnology

Harvard Museum of the Ancient Near East (formerly the Semitic Museum)

Collection of Historical Scientific Instruments

Visiting hours are from 9:00 a.m. to 5:00 p.m. daily, with the exception of New Year's, Thanksgiving, Christmas Eve, and Christmas Day.

617-495-3045

<https://hmsc.harvard.edu/>

**Membership for seniors** in the Harvard Museums of Science & Culture is \$60 and includes unlimited admission to all four museums, plus invitations to exhibition openings, special receptions after public lectures, and occasional behind-the-scenes tours. Membership in HMSC also includes admission to museums and science centers worldwide through the Association of Science-Technology Centers ASTC Passport Program.

A household membership for Harvard ID holders is \$100.

Membership also includes free admission to the Harvard Art Museum.  
To join, visit the Museum's website or contact the membership office.  
617-496-6972  
members@hmsc.harvard.edu  
<https://hmsc.harvard.edu/membership>

### **Harvard Museum of Natural History**

HMNH was created in 1998 to take over all of what had been the public galleries of the research museums, e.g., collection of the Mineralogical and Geological Museum (MGM), Glass Flowers of the Herbaria, and the public galleries of the Museum of Comparative Zoology. It was made into a new public museum where galleries like the New England Forests combine zoology, plants, and geology into one modern exhibit showcasing current Harvard research.

Explore 12,000 specimens—dinosaurs, meteorites, gemstones, and hundreds of animals from around the globe. Get close to the world's only mounted Kronosaurus, a 42-foot-long marine reptile; one of the first triceratops ever discovered; a 1,642 lb. amethyst geode; and three whale skeletons.

Visit the museum's website for information on new and changing exhibitions, public lectures, special events, classes, and parking.

26 Oxford Street, Cambridge

617-495-3045

<https://hmnh.harvard.edu/>

### **Harvard Museum of the Ancient Near East**

Formerly the Semitic Museum, it is the principal repository for Harvard's holdings of Near Eastern archaeological artifacts. Founded in 1889, its collections represent all of the major cultural areas of the ancient Near East, including Egypt, Israel, Syria-Palestine, Mesopotamia, Anatolia, Cyprus, and Iran. Public exhibitions include an ancient Israelite house, and the original collection of the Museum's founder, David Gordon Lyons, entitled "From the Nile to the Euphrates".

Open Sunday through Friday, 11:00 a.m. to 4:00 p.m.

6 Divinity Avenue, Cambridge

617-495-4631

<https://semiticmuseum.fas.harvard.edu/>

### **Museum of Comparative Zoology**

MCZ is a center for research and education focused on the comparative relationships of animal life.

The MCZ was founded in 1859 by an act of the Commonwealth of Massachusetts primarily through the efforts of Louis Agassiz, a brilliant lecturer and scholar from Switzerland. The museum established and served as a training ground for professional zoologists and influenced many budding U.S. museums.

Research at the MCZ continues to follow Agassiz's vision to illuminate the structures of living things, their natural classification and relationship with their surroundings, while remaining a leading institution for modern zoological research. The present-day MCZ collections are comprised of approximately 21 million extant and fossil invertebrate and vertebrate specimens.

26 Oxford Street, Cambridge  
617-495-2460  
<https://www.mcz.harvard.edu/>

### **Harvard University Herbaria and Libraries**

The Herbaria include six collections and more than five million specimens of algae, bryophytes, fungi, and vascular plants. Together they form one of the world's largest university herbarium collections.

22 Divinity Avenue, Cambridge  
617-495-2365  
<https://huh.harvard.edu/>

### **Glass Flowers and Marine Animals**

The Herbaria's world-famous exhibition of Glass Flowers consists of amazingly realistic models of flowering plants and fruits created in Germany by father and son glass artists Leopold and Rudolph Blaschka from 1886-1936. This unique collection housed in the Museum of Natural History of over 4,000 models—some 3,000 on display—represents more than 830 plant species. There are amazingly realistic models of apple and apricot plants illustrating some of the diseases affecting fruits of the Rosaceae family.

26 Oxford St., Cambridge  
617-495-3045  
<https://hmnh.harvard.edu/glass-flowers>

### **Mineralogical and Geological Museum**

MGM is home to one of the finest collections of geological material in the world, including the Earth and Planetary Sciences Gallery. Over 200 years of attentive curation has resulted in a premier collection of more than 400,000 specimens. The MGM functions as a repository of geological material to further earth science research and education at the University and around the world.

Specimens are organized into four different research collections: minerals (100,000 samples), gems, rocks and ores, and meteorites. The Earth and Planetary Sciences Gallery displays more than 3,000 specimens.

26 Oxford Street, Cambridge  
617-495-3045  
<https://mgmh.fas.harvard.edu/>

## **Peabody Museum of Archaeology & Ethnology**

With a collection of 1.2 million objects and half a million photographs, the museum maintains eight public galleries and a teaching gallery. Two current exhibitions are the Legacy of the Penobscot Canoe and Resetting the Table, which explores food choices and eating habits in the United States.

Entrances are at both 26 Oxford Street and 11 Divinity Avenue, Cambridge

617-496-1027

<https://www.peabody.harvard.edu/>

## **Collection of Historical Scientific Instruments**

Harvard University has been acquiring scientific instruments for teaching and research since 1672. The Collection was established in 1948 to preserve these instruments as a resource for teaching and research in the history of science and technology. Many of the objects are stunning examples of craftsmanship and art.

Open Sunday through Friday, 11:00 a.m. to 4:00 p.m.

Located near the Oxford St. entrance to the Science Center.

1 Oxford St., Cambridge

617-495-2779

<https://chsi.harvard.edu/>

## **Other Harvard Museums**

### **Arnold Arboretum of Harvard University**

The Arboretum was founded in 1872 as a research institute and living museum dedicated to the study and appreciation of woody plants. Across its 265 acres grows a rigorously documented collection of over 15,000 trees, shrubs, and vines gathered from the wild in Asia, Europe, and North America. The Arboretum landscape, designed by Frederick Law Olmsted and Charles Sprague Sargent, is a National Historic Landmark and part of Boston's Emerald Necklace park system.

The landscape is open from dawn to dusk every day of the year. There is no admission charge, though membership is encouraged and begins at \$35. See the website for a description of membership benefits. Free tours are available April–September. Adult education classes and lectures are offered year-round.

The Hunnewell Building Visitor Center (with restrooms) is open weekdays from 9:00 a.m. to 5:00 p.m., and weekends 10:00 a.m. 5:00 p.m. Closed holidays.

Find information about the Arboretum's opportunities for volunteers in their public school programs under Volunteers later in this Guide.

125 Arborway, Jamaica Plain, MA 02130

(MBTA Forest Hills Station)

617-524-1718

<https://www.arboretum.harvard.edu/>

### **Fisher Museum at the Harvard Forest**

Located in Petersham, Massachusetts, the Museum's main exhibition displays 23 internationally acclaimed models (dioramas) portraying the history, conservation, and management of central New England forests. The Forest itself is a 4,000 acre laboratory and classroom. The Harvard Forest is a department of the Faculty of Arts and Sciences. Open Monday-Friday, 9:00 a.m. to 4:00 p.m.; Saturday and Sunday: May to October: 12:00-4:00 p.m.; closed January to April.

978-724-3302

<https://harvardforest.fas.harvard.edu/fisher-museum>

### **Warren Anatomical Museum**

It is one of the last surviving anatomy and pathology museums associated with a medical school in the United States, located on the 5th floor of the Countway Library of Medicine. The museum was founded in 1847. Collections are displayed in 300 cases containing artifacts from the larger collection of 15,000 items that include anatomical and pathological preparations; various wax, papier mâché, and dry preparation anatomical models; photographs, prints, paintings, and drawings; medical instruments and machines; and medical memorabilia.

The museum is closed until spring 2021, during the Countway Library's renovation. When it is open, the Museum Gallery is open to the public, free of charge, Monday through Friday, 9:00 a.m. to 5:00 p.m.; closed during Harvard University holidays.

617-432-2136 or 617-432-6196

<https://www.countway.harvard.edu/chom/warren-anatomical-museum>

### **Benefits in Non-Harvard Museums**

#### **ASTC Passport Program**

Membership in the Harvard Museums of Science and Culture also provides free general admission to science and technology museums and centers worldwide through the Association of Science-Technology Centers ASTC Passport Program. Local restrictions may apply.

#### **Institute of Contemporary Art**

Your Harvard ID provides free admission for one person to the Institute of Contemporary Art in Boston's Seaport District.

<https://www.icaboston.org/>

#### **Outings & Innings**

O&I offers discounted tickets to many museums, including the New England Aquarium, Museum of Science, Peabody Essex Museum, Children's Museum, and Boston Museum of Fine Arts.

## Publications

The **Harvard Gazette** is no longer published in print, except for the annual Commencement issue. Visit the Gazette website.

<https://news.harvard.edu/gazette/>

Retirees may subscribe to the email edition called **Daily Gazette** at

<https://www.pages01.net/harvard/gazette?email>.

**Harvard Health Publications** HHP is a division of Harvard Medical School. Its goal is to bring to the public the most current, practical, and authoritative health information, drawing on the expertise of the 8,000 faculty physicians at Harvard Medical School and its world-famous affiliated hospitals. Working with partners in the publishing industry, HHP publishes information about health and wellness through newsletters, books, and its website.

<https://www.health.harvard.edu/>

**Harvard Health Letter** HURA members may obtain free subscriptions to the monthly newsletter of Harvard Medical School. Harvard Human Resources pays for these free subscriptions.

Send name and HURA member's mailing address to HURA Managing Editor at

[mch12938@comcast.net](mailto:mch12938@comcast.net) or call

781-641-2942.

You may sign up online for HHP's email newsletters including *HEALTHbeat*. Get health information and advice from the experts at Harvard Medical School and a free bonus report "101 Tips for Tip-Top Health"

Separate free online "Focus" newsletters are also available covering Fitness, Diabetes, Nutrition, Health Living, Cholesterol, Sleep, Back Pain, and Addiction.

<https://www.health.harvard.edu/>

**Harvard Magazine** has been an independent source for Harvard news since 1898 and a separately incorporated affiliate of Harvard University. It covers the entire University and is regularly distributed to more than 240,000 alumni, faculty, staff, and retirees.

All Harvard retirees automatically receive free subscriptions. Subscribers can opt out of receiving the print edition on PeopleSoft/Self Service. Click on Harvard Publications.

617-495-5746

<https://harvardmagazine.com/>

**HURA News** is published four times a year by the Harvard University Retirees Association and mailed to all members and to Harvard HR deans and directors. See the description under HURA at the beginning of this guide.

*HURA News* is also posted on the HURA website at <https://hura.harvard.edu>.

## Transportation and Parking

### Visitor Parking

Complete information about Harvard parking may be found at <http://www.transportation.harvard.edu/parking>

Parking Services Office  
807 Smith Campus Center  
617-496-7827

### Cambridge/Allston Campus

For parking purposes, retirees are considered to be **visitors**. They may purchase one-day, evening, or weekend parking permits for various Harvard garages and lots, online or from the Parking Services Office.

Current fees in the Cambridge/Allston area (2020) are \$19 weekdays, \$10 after 5:00 p.m. and on weekends. For Longwood campus, see below.

To print a parking permit (not including the Longwood Medical area), go to <https://onedaypermit.vpcs.harvard.edu/cgi-bin/permit/purchase.pl>.

When asked whether you are a Harvard Affiliate or Visitor, click on **Visitor**. Then you will be asked for your user name and password.

First-time users need to register.

You will be taken to the Daily Visitor Parking Permits page where you will be asked for Department Information. On the pull-down menu highlight **Retiree**.

***Do Not enter the department where you were formerly employed.***

Then enter **9008** for Department Code. Click Submit Registration.

Select the parking lot from the popup menu. When asked for Affiliation, it is

**Retiree**. The lot or garage that you want may not be available, and same-day permits are not generally available.

Finally, you will be asked for registration plate number and credit card.

Print the 8 1/2 x 11 permit to place on your dashboard at time of parking.

### Longwood Campus

To visit the Harvard Medical School (HMS) campus, visitors must obtain a reserved one-day daily parking pass (\$25) at either the Quad Garage at 200 Longwood Avenue or the NRB Garage at 77 Avenue Louis Pasteur, Boston.

#### **HMS Commuter Service and Parking Office**

180B Longwood Avenue, Room 132

Boston, MA 02115-5899

617-432-1111

<https://campusplanning.hms.harvard.edu/campus-services/parking-commuter-services/parking/visitors>

[parking@hms.harvard.edu](mailto:parking@hms.harvard.edu)

## **Harvard Stadium**

Event parking at the Harvard Stadium is usually \$10. Enter at Gate 8 on North Harvard Street. Public parking for football is also available at Gate 14 (accessible from Soldiers Field Road), and in the Harvard Business School lot (usually \$8-10).

## **Pay and Display Metered Spaces**

Visitors may park at meters in some Harvard lots for up to four hours without having to obtain a Parking Office permit. (Not including meters on Francis Ave., which are reserved.)

Meters take quarters, \$1 bills, and Mastercard or Visa credit and debit cards. Rates are \$1.50-\$2.00 per hour.

Find meter locations and more information at

<http://www.transportation.harvard.edu/parking/garages-lots/meters>

## **Shuttle Buses**

All Cambridge shuttles are free with a valid Harvard ID card.

The MASCO M2 Medical Area shuttles are free with the newer type of ID card that has two magnetic strips on the back. Harvard Human Resources pays the fare for staff, faculty, and retirees.

### **Cambridge Shuttles**

617-495-0400

<http://shuttle.harvard.edu/>

<http://www.transportation.harvard.edu/>

Click on Shuttle & Van Services.

## **Medical Area shuttle**

617-632-2800

<https://www.masco.org/directions/m2-cambridge-harvard-shuttle>

## **Bike Rentals**

Use Blue Bikes (formerly known as Hubway) to travel across Boston, Cambridge, Somerville, and Brookline on publicly shared bikes. Bikes can be returned to any of the 200+ stations across the network including the 13 supported by Harvard.

<http://www.transportation.harvard.edu/commuterchoice/bike/blue-bikes-bike-share-program>

## Volunteering

**Arnold Arboretum** Become a School Program Guide and lead small groups of Boston area preschool and elementary school children through the Arboretum's program that connects them with nature. Find details about responsibilities, skills and abilities, and time commitment required of volunteer guides at

<https://arboretum.harvard.edu/support/volunteer/volunteer-to-be-a-guide/>.

Contact Nancy Sableski, Manager of Children's Education, for more information about the program.

617-384-5239

[nsablesk@oeb.harvard.edu](mailto:nsablesk@oeb.harvard.edu)

**Harvard Bridge Program** is an adult education and training program open to all benefits-eligible Harvard University staff, research scholars, and faculty, as well as to the employees of most Harvard contractors working on campus. The Bridge Program provides employees with the skills and confidence to excel in their current roles, meet their career goals, and prosper in their personal lives.

The program seeks volunteers to assist adult learners in Cambridge and on the Longwood Campus with high school diploma preparation, English as a second language (all levels), computer skills, business writing, and more. Volunteers must commit to tutoring two hours per week.

124 Mt. Auburn Street, 3<sup>rd</sup> floor, Cambridge

617-496-2216

[ohr\\_bridge@harvard.edu](mailto:ohr_bridge@harvard.edu)

<https://hr.harvard.edu/harvard-bridge-program>

**Proctoring** The FAS Office of Exams no longer hires outside proctors.

## Non-Harvard Resources

This edition of the *Resources* book contains for the first time this listing of non-Harvard sources that may be of use to retirees. We would be happy to hear of others that you have found useful.

## Federal & State Governments

**USA.gov** is the consolidated online guide to U.S. government information and services.  
<https://www.usa.gov/> Topics include

### **About the U.S.**

Where to find answers to the most requested facts about the United States of America.

### **Benefits, Grants, Loans**

Government programs that provide financial help for individuals and organizations.

### **Consumer Issues**

How to be a safe consumer, what to do when a purchase or service goes wrong, and more.

### **Disability Services**

Information for people with disabilities.

### **Disasters and Emergencies**

How to prepare for and recover from disasters and emergencies.

### **Earth and the Environment**

Government information on energy, green technology, pollution, wildlife, and more.

### **Education**

Government information on education including primary, secondary, and higher education.

### **Government Agencies and Elected Officials**

Information about federal, state, and local government agencies and elected officials.

### **Health**

Health resources from the government.

### **Housing**

Information and services to help with finding and keeping a home.

### **Jobs and Unemployment**

How and where to look for a new job or career, get help if you are unemployed, and more.

### **Laws and Legal Issues**

How to report a crime, locate a federal inmate, research common U.S. laws, and file a complaint against the government.

### **Military and Veterans**

Help for veterans and service members, joining the military, and more.

## **Money and Taxes**

Taxes, money the government may owe you, investing, credit help, and more.

## **Small Business**

Steps to start a small business, get financing help from the government, and more.

## **Travel and Immigration**

Visiting, traveling within, and moving to the United States.

## **Voting and Elections**

Answers to common questions about voting in the United States.

**Mass.gov** is the official website of the Massachusetts Government. It includes an A-Z listing of state services and direct links to the websites of all state agencies at

<https://www.mass.gov/portal/global-a-z-list.html>

<https://www.mass.gov/>

## **TRANSPORTATION**

### **MBTA: CharlieCard**

Reduced fares on all MBTA rail, bus, subway, and boat services are available for persons age 65 and over and persons with disabilities with a Senior ID CharlieCard, which functions as a debit card once you have added value at charging kiosks that are available at most T stations or online.

Seniors can ride local buses one way for 85 cents and the MBTA subway for \$1.10, commuter rail or boat services for 50 % off the regular full fare, and a discounted fare to Boston Logan International Airport. In addition, seniors can purchase a monthly pass (good for unlimited travel on local bus and subway) for \$30.

Senior CharlieCards are available at the CharlieCard Store located in Downtown Crossing Station (underground concourse) Boston. Adjacent to the Red and Orange Lines, the CharlieCard Store is open Monday through Friday, 8:00 a.m. to 5:30 p.m. Call 617-222-3200 or (TTY) 617-222-5854 for more information. Customers with Senior ID's issued prior to June 2005 must obtain a new Senior CharlieCard.

<https://www.mbta.com/fares/reduced/senior-charliecard>

### **MBTA: The RIDE**

If a disability prevents you from using the MBTA bus, subway, or trolley all or some of the time, The RIDE may be able to assist with your public transportation needs.

<https://www.mbta.com/accessibility/the-ride>

<https://www.mbta.com/>

## Finances

### Federal and State Taxes

Internal Revenue Service

<https://www.irs.gov/>

Massachusetts Department of Revenue

<https://www.mass.gov/orgs/massachusetts-department-of-revenue>

**Social Security Administration** is the federal government agency that administers the Old Age, Supplemental, and Disability Insurance (OASDI) programs that are generally known as Social Security.

<https://www.ssa.gov/>

Sign up for “MySocialSecurity” to manage your benefits: change your address, start or change your direct deposit, and get a replacement SSA-1099 or SSA-1042S for tax season.

## Laws, Legislation, Legal Help

### Legislators and Congressmen

Locate U.S. Government elected officials, including addresses and phone numbers.

U.S. House of Representatives: <https://www.house.gov/>

Click on “Find your Representative” in the crimson bar at the top.

U.S. Senate: <https://www.senate.gov/>

Click on “Find your Senators” in the gray bar at the top.

For information on Massachusetts legislators, also go to <https://malegislature.gov/>. Click on Legislators in the white bar at the top.

See LegLinks below for access to other states.

**LegLinks** is a product of the National Conference of State Legislatures and contains information for all states. It is gleaned from the home pages and websites of the fifty state legislatures, the District of Columbia, and the Territories. You can select to view specific website content materials (such as, bills, statutes, press releases) from all states, one state, or a selected list of states and territories.

<https://www.ncsl.org/aboutus/ncslservice/state-legislative-websites-directory.aspx>

### MassLegal Help; Promoting Justice in Massachusetts with Legal Information

Massachusetts legal aid programs put together this website to help you find practical information about your legal rights in Massachusetts.

<https://www.masslegalhelp.org/>

**NOLO** Since 1971, Nolo's goal has been to make America's legal system accessible to everyone in plain English. With over 50 web properties, the Nolo Network is one of the web's largest libraries of consumer-friendly legal information—all available free. With oversight from its editorial team, Nolo strives to deliver free legal information of the highest quality. Generate a customized estate planning form, like a will, a living trust, or a power of attorney in just minutes. Thousands of do-it-yourself products, including legal forms, online documents, books and ebooks, and software are for sale.

<https://www.nolo.com/>

## **Health, Wellness Benefits**

**American Association of Retired Persons** AARP is doing a great many things to make life better for today's 50-plus population. In the face of constantly changing realities, AARP is a champion for social change. It helps people navigate ageless realities—financial well-being, health, how to contribute to society and local communities, and how to fully enjoy life, including information on travel.

<https://www.aarp.org/>

**AARP Health Tools** is for AARP members who are registered on <https://www.aarp.org/>. It addresses questions about Medicare, drug interactions, and where to find cheaper medicines. The Pill Identifier tool helps visitors avoid medication mix-ups, by allowing for searches by imprint, shape, or color of the medicine. Each feature is streamlined and easy to follow. The Drug Interaction Checker allows visitors to choose from a list of common drugs by their severity, such as minor, moderate, or severe. The information given for each interaction is in easy-to-understand language, devoid of medical jargon, and intended for a general audience. A comprehensive Health Encyclopedia offers information about medical conditions, symptoms, and medical procedures.

[https://www.aarp.org/health/health\\_tools/](https://www.aarp.org/health/health_tools/)

**The Alzheimer's Association** is the leading voluntary health organization in Alzheimer care, support, and research. Their mission is to eliminate Alzheimer's disease through the advancement of research, to provide and enhance care and support for all affected, and to reduce the risk of dementia through the promotion of brain health.

<https://www.alz.org/>

The Massachusetts/New Hampshire Chapter provides more local education and support for people diagnosed with the condition, their families, and caregivers.

<https://www.alz.org/manh>

**Caregiver Action Network** The National Family Caregivers Association educates, supports, empowers, and speaks up for the more than 50 million Americans who care for loved ones with a chronic illness or disability or the frailties of old age. NFCA reaches across the boundaries of diagnoses, relationships, and life stages to address the common needs and concerns of all family caregivers. It offers a Caregiver Help Desk to help you navigate your complex caregiving challenges at 855-227-3640 or by email.

<https://caregiveraction.org/>

**The Centers for Disease Control and Prevention** (CDC) is recognized as the leading federal agency for protecting the health and safety of people—at home and abroad, providing credible information to enhance health decisions and promoting health through strong partnerships. CDC is one of the major operating components of the Department of Health and Human Services.

<https://www.cdc.gov/>

Find information of special interest to travelers at <https://wwwnc.cdc.gov/travel/>.

**The Department of Veterans Affairs** provides excellence in patient care, disability, veterans' benefits, and veterans' records. They have recently reformed their department internally and are striving for high quality, prompt, and seamless service to veterans. The Veterans' Health Administration is a coordinated system of 170 medical centers. The Veterans' Benefits Administration permits you to access your VA and DoD benefits. You can also sign up for the VA's online monthly benefits newsletter.

<https://www.va.gov/>

## **Doctor ratings--**

**Massachusetts Primary Care Doctor Ratings** Use Healthcare Compass to compare primary care doctors' offices on how well they care for their patients. Find ratings for over 500 primary care doctors' offices across Massachusetts. Discover how your doctor's office rates on communicating with patients and families, coordinating care with other doctors, screening for cancer, treating diabetes, or providing care for children. [www.healthcarecompassma.org](http://www.healthcarecompassma.org)

**Physician Profiles** A comprehensive reference source prepared by the Massachusetts Board of Medicine to help consumers find a particular physician or to look for physicians in a specific specialty, such as surgery or neurology. Each Profile may contain information about the physician's specialty, medical school, residency training, insurance plans accepted, honors and awards, publications, and a host of other information. Profiles also include Board discipline, criminal convictions, hospital discipline, and medical malpractice payments reported to the Board.

[profiles.ehs.state.ma.us/Profiles/Pages/FindAPhysician.aspx](http://profiles.ehs.state.ma.us/Profiles/Pages/FindAPhysician.aspx)

**Physician Compare** (see under Medicare Compare below)

**Eldercare Services: 800 AgeInfo** is a joint partnership between the Massachusetts Department of Elder Affairs and Mass Home Care Association. The site is designed to assist consumers and families as well as professionals seeking information and resources on eldercare services. *Fifty Plus Advocate* is a bi-weekly newspaper for people age 50-plus, and the largest mature market publication in the Northeast.

800-243-4636

<https://www.800ageinfo.com/>

**Food Safety Guidelines** This U.S. Government website offers reliable information on recalls and alerts, how to keep food safe, advice on food poisoning, how to report a problem, ask an expert, and general information on keeping you and your family safe.

<https://www.foodsafety.gov/>

**Massachusetts Association for Mental Health** has worked since 1913 to improve understanding of mental health conditions and combat disparities in health services access, envisioning a day when all individuals and families across the Commonwealth have the resources and opportunities they need to promote resilience and protect overall health.

<https://www.mamh.org/>

**Massachusetts Bureau of Substance Abuse and Addiction Services** oversees the statewide system of prevention, intervention, treatment, and recovery support services for individuals, families, and communities affected by gambling and substance addiction. <https://www.mass.gov/orgs/bureau-of-substance-addiction-services>

**Massachusetts Executive Office of Elder Affairs** The information provided on this website is designed to assist elders and their families with answers to questions about services and opportunities available to seniors and their caregivers in Massachusetts. You can obtain information on caring for an aging parent, securing help for an elderly neighbor, getting nutritious meals delivered to a senior's home, getting help parenting a grandchild, or learning more about prescription drug programs for elders.

<https://www.mass.gov/orgs/executive-office-of-elder-affairs>

**Mayo Clinic Housecall** Similar to the *Harvard Health Letter*, *Housecall* is a general interest e-newsletter that keeps you up to date on a wide variety of health topics from a nationally recognized resource.

<https://newslettersignup.mayoclinic.com/>

**Medicare and Medicaid** The U.S. Centers for Medicare and Medicaid Services website gives information on signing up or changing plans, what Medicare costs and what it covers, drug coverage, supplements, and other insurance, claims and appeals, managing your health, and forms and resources.

<https://www.medicare.gov/>

## **Medicare Compare**

Find and compare doctors, hospitals, and other service providers that are supported by Medicare.

Dialysis Compare dialysis centers based on the quality of patient care they provide. Also compare their patient experience survey results.

<https://www.medicare.gov/dialysisfacilitycompare/#search>

**Home Health** Information about the quality of care provided by Medicare-certified home health agencies throughout the nation. Medicare-certified means the home health agency is approved by Medicare and meets certain federal health and safety requirements.

<https://www.medicare.gov/homehealthcompare/search.html>

**Hospices** Hospice is a program of care and support for people who are terminally ill. The focus of hospice is comfort and quality of life rather than on cure. Most provide services where you live, whether it's at home, an assisted living facility, or a nursing home.

<https://www.medicare.gov/hospicecompare/>

**Hospitals** Compare hospitals based on their overall star rating, which summarizes a variety of quality measures; includes VA hospitals, cancer hospitals, and ambulatory surgical centers. View hospital survey (inspection) reports.

<https://www.medicare.gov/hospitalcompare/search.html>

**In-Patient Rehabilitation Facilities** Many patients with conditions like stroke or brain injury need intensive medical rehabilitation programs.

<https://www.medicare.gov/inpatientrehabilitationfacilitycompare/>

**Long-Term Care Hospitals** Use this website to find and compare hospitals based on infection rates and more.

<https://www.medicare.gov/longtermcarehospitalcompare/>

**Nursing Homes** Detailed information about every Medicare and Medicaid-certified nursing home in the country offering 24-hour nursing care.

<https://www.medicare.gov/nursinghomecompare/search.html>

**Physicians** Physician Compare helps you find and choose physicians and other health care professionals enrolled in Medicare. Updated quarterly.

<https://www.medicare.gov/physiciancompare/>

**Durable Medical Equipment** Enter your zip code to find nearby suppliers of durable medical equipment, prostheses and prosthetic devices, orthotics, and supplies.

<https://www.medicare.gov/supplierdirectory/search.html>

**Medications and Drugs** Information about drugs for both the consumer and the medical professional, RxList includes an A-Z list of drugs, pill identifier, supplements, symptom checker, diseases, and a medical dictionary.

<https://www.rxlist.com/script/main/hp.asp>

**MedLinePlus** is a service of the U.S. National Library of Medicine and the National Institutes of Health. It includes hundreds of Health Topics on conditions, diseases, and wellness; drugs and supplements, prescription and OTC medicines, herbs, and supplements; a medical encyclopedia that includes pictures and diagrams; dictionary, spellings and definitions of medical words; health news from the past 30 days; directories that help you find doctors, dentists, and hospitals; and other resources, including local health services, libraries, organizations, international sites, and more. Includes links to videos of surgical procedures and over 165 tutorial slideshows. Here you can also sign up for the free *My MedlinePlus* online newsletter.

<https://www.medlineplus.gov/>

**National Institute on Aging** (NIH) supports and conducts genetic, biological, clinical, behavioral, social, and economic research on aging; foster the development of research and clinician scientists in aging; provide research resources; and disseminate information about aging and advances in research to the public, health care professionals, and the scientific community.

<https://www.nia.nih.gov/>

**National Council on Aging** was founded in 1950 as a national network of organizations and individuals dedicated to improving the health and independence of older persons; increasing their continuing contributions to communities, society, and future generations; and building caring communities. Use the Benefits Checkup to see if you are eligible for benefits to pay for food, medicine, rent, and other daily expenses. The Economic Checkup gives you tips and resources to manage your budget, save money, avoid scams, find a job, and more. My Medicare Matters section lets you explore how to make the most of your Medicare benefits and find the best plan for you.

<https://www.ncoa.org/>

**National Institutes of Health** A part of the U.S. Department of Health and Human Services, NIH is the largest biomedical research agency in the world. There are 27 institutes that make up the NIH, including the National Institute on Aging (above).

<https://www.nih.gov/>

**WebMD.com** is considered a leading-authority reference resource for all things related to Health. The WebMD Medical Team works closely with a team of over 100 nationwide doctors and health experts across a broad range of specialty areas to ensure WebMD's content is up to date, accurate, and helps you live a healthier life. Consumers can locate physicians, store individual healthcare information, sign up for the free WebMD daily newsletter or receive periodic e-newsletters on topics of specific interest, enroll in interactive courses, and participate in online communities and message boards with peers.

<https://www.webmd.com/>

## Supplemental Telephone Directory

### Harvard Programs, Services, and Assistance

To find contact information for other resources specifically described in this guide, consult the section of this guide that describes them.

	Area code 617
Campus Service Center (Parking, ID's, Housing, etc.)	496-7827
Carpenter Center for the Visual Arts	496-5387
<i>Crimson</i> (student newspaper)	576-6600
Directory Assistance	
Cambridge& Allston Campuses	495-1000
Business School	495-6000
Longwood Campus	432-1000
Radcliffe Institute	495-8601
Faculty/Staff (individual listings)	495-5000
Email Help Desk	496-9001
Emergency (HU Police)	495-1212
Employment Office, Persons with Disabilities	495-2772
Faculty of Arts & Sciences	495-1000
Graduate & Professional Schools	
Arts & Sciences	495-1000
Business	495-6000
Continuing Education (Extension)	495-4024
Dental Medicine	432-1401
Design	495-4731
Divinity	495-5761
Education	495-3401
Engineering and Applied Sciences	496-1351
Government (Kennedy School)	495-1100
Law	495-3109
Medicine	432-1000
Public Health	432-1000
Harvard Neighbors	495-4313
Information (Harvard University)	495-1000
Institute of Politics at HKS	495-1360
IT Help Desk	495-7777
Memorial Church	495-5508
News Office	495-1585
Observatory, Harvard College	495-9059
Observatory, Smithsonian Astrophysical	495-7463
Pharmacy, HUHS	496-6661
Phillips Brooks House	495-5526
Police, Harvard (emergency)	495-1212
Police, Harvard (other business)	495-1215
Police, Medical area (emergency)	432-1212
President's Office	495-1502
Public Affairs and Communications (News Office)	495-1585
Radcliffe Institute	495-8601
Travel Nurse (via HUHS general number)	495-2001